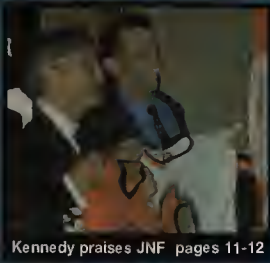


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National conference tackles Jewish poverty in Canada

By Diane Koven

Yes, there is poverty in the Jewish community. It exists, it is real and it is right here in our own backyard.

This fact alone may not come as a surprise, especially in light of local reports in the last few years. However, according to Mark Zarecki, executive director of Jewish Family Services, poverty can also lead to assimilation.

"Jewish poverty and assimilation are highly correlated. That means that if someone is poor and cannot afford the basic necessities, they cannot afford to have a Jewish life. When you address Jewish poverty, you are also addressing the identity issues of Jews."

Zarecki says that Jews who are struggling financially find themselves in a double bind, being, "poor amongst the Jews and Jewish amongst the poor, so they have no support group. Then their kids have these issues as well. That is the main reason I believe the Jewish community must become involved in Jewish poverty."

Allan Moscovitch, a professor of social work at Carleton University, is the chair of the Association of Jewish Family and Child Agencies (AJFCA) Canada. The Canadian branch of the organization was formed a year ago and will soon meet for the first time in Ottawa. From November 27 to 29,

(Continued on page 2)



Israeli Ambassador to Canada Alan Baker gets ready to drop the puck at the Bell Sensplex. As part of their North American tour, the Israeli Under-18 National Hockey team recently visited Ottawa and played the Nepean Raiders AA team. While in town, the team visited Parliament Hill, had lunch with the ambassador at his residence and played an exciting game of floor hockey against Hillel Academy students. See story page 17.

(Photo: Peter Walser)

Palestinians lobby France to stop Jerusalem light rail project

By Peggy Cidor

The Jerusalem light rail project has turned into a diplomatic hot potato for the French government. Palestinian Authority Chairman Mahmoud Abbas has reportedly asked French President Jacques Chirac to intervene in the construction of the project because he said the route includes the "conquered territories" of Pisgat Ze'ev and French Hill, the French daily *Le Monde* reported.

Abbas raised the issue during a visit to Paris last month because two major French construction compa-

nies — Alstom and Connex — are involved in the project. Abbas asked Chirac to check whether the construction was a violation of the Geneva Convention.

According to *Le Monde*, Chirac said he would look into the matter, but, according to the French Foreign Ministry, CGEA-Connex and Alstom are private companies and the French government is not involved in the project in any way.

However, according to sources in Paris, the issue has deeply embarrassed government officials, *Le Monde* reported.

"It is not so simple," said one of the sources. "We are aware of the symbolic dimension of this issue, but, on the other hand, we cannot interfere in the free enterprise and market laws."

The tender for the \$400 million contract for the construction of the light rail system was won by consortium City-Pass in 2002, consisting of domestic investors Polar Investments, Ashtrom Ltd. and Harel Insurance Investments, and Paris-based transport giants Alstom and CGEA-Connex.

The 13.8-km rail line will run

from Mount Herzl to Pisgat Ze'ev via Jaffa Road.

Then French Prime Minister Jean-Pierre Raffarin did not hide his satisfaction during his visit to Jerusalem in March. French Ambassador to Israel Gerard Araud was present at the official contract-signing ceremony in July at the Prime Minister's Office.

"The fact that the French ambassador in Tel Aviv was present at the contract signature ceremony indeed deprives the French government of their allegation that they are not involved," said a French official.

The Palestinian argument claimed that the project strengthened the Jewish presence in Jerusalem and was aimed at preventing the Palestinians from establishing the capital of their future state in the Arab part of Jerusalem.

According to PA Foreign Minister Nasser al-Qidwa, one of the articles of the Geneva Convention prevents any state from transferring a part of its population onto a territory it occupies, and stipulates that all signatories of the Geneva Convention are bound to stop any company

(Continued on page 2)

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Life is good in Israel, say Israelis in a recent study

By Noga Makin

A recent study conducted by the Central Bureau of Statistics showed that 82 per cent of adult Israelis claimed to be 'very satisfied' with life in Israel. Of those surveyed, 52 per cent believed their lives would improve over the next few years.

Slightly less optimistic were the 27 per cent who believed their lives would not improve, and the 11 per cent who believed their lives would become worse.

Among Israelis aged 20-24, an overwhelming 89 per cent responded that they were satisfied with their lives.

The rate of satisfaction sank slightly as the age of respondents rose: 79 per cent of Israelis aged 45-64 and 72 per cent of Israelis aged 75 and over were satisfied with their lives.

The rate of satisfaction

among single and married people was higher than that among the divorced (63 per cent) and widowed (66 per cent.)

Educated Israelis were more satisfied with their lives, according to the survey. Eighty-six per cent of university graduates, 82 per cent of post-secondary graduates and 88 per cent of high school graduates replied that they were satisfied with their lives, as opposed to 75 per cent of Israelis who did not matriculate.

The level of satisfaction with economic conditions was lower than with life in general. Slightly less than half - 47 per cent - of adults responded that they were satisfied with their economic situation. Forty-one per cent believed their economic situation would improve over the next few years, 32 per cent believed it wouldn't

change, and 16 per cent expected their economic situation to worsen.

The percentage of Israelis over age 75 who were satisfied with their economic situation (63 per cent) was higher than that among the following age groups: 65-74 (53 per cent); 25-64 (44 per cent); and 20-24 (55 per cent.)

In households where the monthly income was over NIS 3,000 per person, 70 per cent were satisfied with their economic situation, and of those households, 42 per cent expected their situation to improve in the next few years.

"Health is the main thing!" Over three quarters - 75 per cent - of adult Israelis said their health was good. Thirty-five per cent reported health problems or other physical problems, 70 per cent of whom (24 per cent of

the total population over age 20) report that these problems made their lives difficult.

Israelis who made aliyah in their youth and new immigrants were lonely more often than sabras.

Sadly, 13 per cent of adult Israelis say they have no friends. However, 94 per cent of those who have friends are satisfied with their friendships. Thirty-two per cent of the population

reported that they felt lonely occasionally or frequently.

According to the CBA findings, women were lonelier than men (39 per cent as opposed to 25 per cent) and the divorced and widowed (51 per cent, 64 per cent) more than married and single people (26 per cent, 35 per cent.)

Israelis who made aliyah in their youth and new immigrants were lonely more often than sabras.

Eighty-one per cent of Israelis were satisfied with their homes; the same percentage were happy with their neighbours. Eighty per cent were satisfied with their neighbourhoods.

Eight per cent of Jewish

Israelis over 20 define themselves as "Ultra-Orthodox" (haredi), nine per cent as "religious," 12 per cent as "traditional-religious" and 45 per cent as "non-religious, secular."

Among non-Jews in Israel, 50 per cent over aged 20 define themselves as "very religious" and "religious," 21 per cent as "not very religious" and 22 per cent as "not religious."

The survey was conducted among 7,600 adults over age 20 who represented some four million Israeli citizens of these ages, including new immigrants who have been in Israel for at least six months.

(©) The Jerusalem Post

Jerusalem light rail project

(Continued from page 1)

that would facilitate the transfer process.

However, a spokesman for the French Foreign Ministry stated this week that "the participation of French companies in the construction of the Jerusalem light rail is in the

framework of the international free market," and added that this participation does not have "any consequence on the status of east Jerusalem."

A Jerusalem Municipality spokesman concurred. "Like the French Foreign Ministry,

we agree that the participation of the two French companies is in the framework of international market laws, with a purely commercial character, which should be separated from any political considerations."

(©) The Jerusalem Post

Jewish poverty in Canada

(Continued from page 1)

a conference entitled "Recognizing Jewish Poverty in Canada: A Call to Action" will be held at Agudath Israel Congregation.

"Our intention is to prepare a casebook of materials on programs that work across the country. Some of the many programs will be showcased in eight workshop sessions ... we also hope to be able to establish a national public education program co-ordinated between the Jewish family organizations across Canada - Vancouver, Calgary, Winnipeg, Hamilton, Toronto, Ottawa, Montreal," says Moscovitch.

The keynote speaker at

the conference will be David Bornstein, author of "How to Change the World: Social Entrepreneurs and the Power of New Ideas."

Ed Broadbent, MP Ottawa Centre and noted NDP child poverty critic, will be speaking as well.

"Members of the public are invited to attend any or all of the conference presentations. There is a special rate for the Monday morning keynote addresses and a day rate as well as a rate for the conference," says Moscovitch.

He is optimistic that, with more knowledge of the problem and more sharing of ideas to change things, the situation will improve.

"I think that exposure of the poverty experienced by Jews across the country will lead to more action. Members of the Jewish communities will act to help reduce the difficulties faced by others if they are aware of the dimensions of the problems and what needs to be done to help solve them ... A national program of public education is a good start as is sharing the information on what programs are in place that are making a difference."

For further information or to register for all, or part, of the conference, contact Sandy Shuler, AJFCA Canada Director (sshuler@shaw.ca or 403-287-3510).



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A decade on, lessons from Rabin's death ignored

In a memorable speech delivered on the Hebrew University's newly liberated Mount Scopus campus less than three weeks after the Six Day War, Yitzhak Rabin questioned the very decision to grant him an honorary doctorate.

"What have soldiers to do with the academic world, which stands for the life of civilization and culture? What have those who are professionally occupied with violence to do with spiritual values?" asked the general who had just led a

monumental military victory that prompted scholars to compare him to Hannibal and Napoleon.

Rabin's answer to his own question revealed a thinking that was much more Jewish than soldierly.

"Our soldiers," he said, "prevailed not by the strength of their weapons but by their sense of mission, by their consciousness of the justice of their cause, by a deep love of their country, and by their understanding of the heavy task laid upon them: to insure

Jerusalem Post editorial

the existence of our people in their homeland, and to affirm, even at the cost of their lives, the right of the Jewish people to live its life in its own state, freely, independently, and peacefully."

Ten years after his murder, the heavy task of which Rabin spoke remains largely elusive, and at least some of the lessons of his untimely death ignored.

Unlike many other land-

for-peace advocates, from Ezer Weizman and Moshe Dayan to Shimon Peres and Ariel Sharon, Rabin never went through a Greater Israel phase, and even his most bitter rivals could never accuse him of being inconsistent, let alone expedient, in choosing his convictions.

Yet Rabin's peace moves were controversial nonetheless.

Ironically and tragically,

the very consensus that he so eloquently described in June 1967, and which had resulted in that fateful month's sweeping military conquests, soon gave way to a debate that eventually debilitated Israeli society, splitting it down the middle.

In hindsight, that very debate was unaffordable, since it hammered at the very solidarity that is indispensable for any society's survival, and especially one as young, fragile and threatened as Israel's.

Rabin sought to end that debate once and for all. Even his opponents admired the determination with which he set out to untie the Israeli-Palestinian Gordian knot. At the same time, even his allies conceded that Rabin did not always, to put it mildly, attempt to so much as empathize with some of those whom his plans would cost dearly.

Surely, this excuses none of the abuse to which he was continuously subjected prior to his murder. It is also not to say that policy moves should always be consensual. However, in carrying out controversial policies, leaders must understand that their task is not just to devise and execute strategic plans, but also to be with those plans' victims, certainly emotionally, and when possible also physically.

For all Rabin's mistakes, they dwarf in comparison with the conduct of some of his opponents. Their failure back in the 1990s to keep the debate civil was politically catastrophic from their viewpoint, and morally corrupt from any viewpoint. Their nonchalant, even gleeful, resort to the basest rhetoric and depictions surely created an atmosphere conducive to


Rabin's murder. If not the murder's shock, then at least the Likud's subsequent endorsement of the Oslo Accords, and Ariel Sharon's dismantlement of settlements, should have made them humbly concede that the arms they were twisting were not just this or that leader's, but mainstream Israel's.

Tragically, such humility has yet to emerge among the fanatics who now portray Ariel Sharon much the way they did Rabin before his assassination.

Sharon, for his part, also seems not to have drawn all the necessary conclusions from the murder. Like his good friend, the prime minister carried out a controversial scheme of his own, the disengagement plan, while focusing on maintaining his resolve and disregarding the need for persuasion and empathy.

As Israel solemnly remembers the brave leader who in six days beat three Arab armies that demanded war, only to be gunned down by a Jew who objected to the path by which he had chosen to pursue peace, we hope all Israelis will remember that the Jewish state depends on its citizens' mutual solidarity, and that such solidarity is about respecting and compromising with each other.

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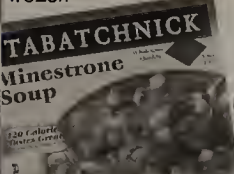


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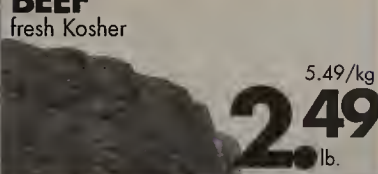


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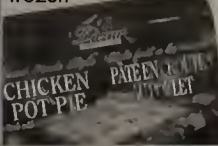


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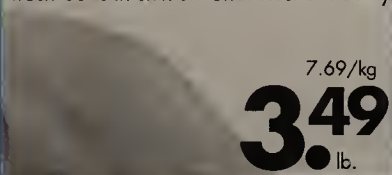


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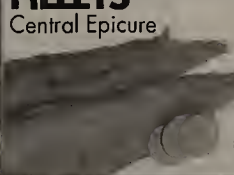


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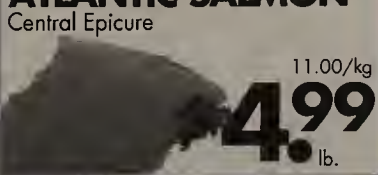


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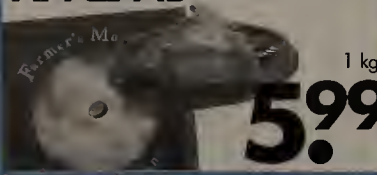
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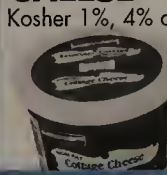


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New allocation process supports changing needs

Editor's note: JFO Chair Ron Prehogan has arranged to share his column, on occasion, with the chairs or presidents of the community's major beneficiary agencies or committees so that they can provide some insight into their operations.

As president of Jewish Family Services from 2001 to 2003, I was a member of the executive board of the Ottawa Vaad. During my time as an executive member, I expressed the concern of JFS and other community organizations that the Jewish community needed a better way of making decisions about how to spend the funds being raised by the Ottawa UJA.

Towards the end of my term, incoming Vaad President Arnie Vered asked if I would be prepared to take on the task. Put your time and effort where your mouth is. It didn't take me long to agree; it took much longer to put together a new decision-making process.

The first Allocations Committee met in September and October of 2003 to outline the principles of how to put good ideas into practice. Ron Levitan, Jeff Miller, Debora Saginur, Zeldia Shore and Arlene Wortsman joined me to work on a concept document, which was reviewed and



Federation Report

Allan Moscovitch
Allocations Committee

approved by the Vaad in the winter and spring of 2004.

During the summer of 2004, the officers of the Vaad collaborated on the preparation of a community priorities document, which would provide guidance to the committee. This document and a subsequent vision and values statement were key ingredients in the elaboration of the new decision-making process.

A second Allocations Committee was formed in the summer of 2004 to do more work on the procedures and to design the new process in place. This time, Jonathan Freedman, Bonnie Merovitz, Jeff Miller, Deborah Saginur, Zeldia Shore and Richard Zuker joined me to work out the details.

The new allocations process was organized into five funding envelopes,

following from the Vaad priorities:

- Support to Schools
- Assisting the Vulnerable
- Strengthening Community
- Special Projects and Innovations
- Awards for Excellence

At a meeting in early 2005, the Vaad officers determined the amount of funds from the UJA Ottawa campaign that would be placed in each envelope. A total of \$1.123 million would be allocated to four of the envelopes (excluding the schools) of which \$648,300 would go to Assisting the Vulnerable and \$430,600 for Strengthening the Community. The last two envelopes received a total of \$45,000.

In the fall of 2004, a third committee was formed, this time to review applications for funding and to make recommendations to the Vaad on how to spend UJA funds. Joining me on this committee were the members of the second committee as well as Marjorie Feldman and Lew Auerbach. Members were asked to declare any possible conflicts of interest and to abstain from evaluating funding to organizations where there were such conflicts.

A letter was sent out to agencies in the Jewish community at the end of 2004,

along with the priorities document and guidelines on eligibility. Agencies were asked to submit their applications by February 11, 2005 for support under the envelopes Assisting the Vulnerable, Strengthening Community, Special Projects and Innovations and Award of Excellence.

The focus in the new process is on programs. Each of the organizations previously funded was asked to identify the programs they were running using UJA funds and to apply for funds on behalf of those programs. The Allocations Committee received and reviewed 50 program applications requesting a total of \$2,097,148.

The Vaad accepted the committee's recommendations in the spring of 2005. The full report of the committee is available on the website of the Jewish Federation of Ottawa.

It's now the fall of 2005, and a new cycle of requests and decision-making has begun. With this new method in place, the Federation is ensuring that funds are spent in priority areas, and that we have the flexibility to support the changing needs of the community.

New approach needed to welcome inter-married families

*All Gaul is divided into three parts...
All these differ from each other
in language, customs, and laws."*

— Julius Caesar, *The Gallic Wars*, 58BCE.

What Caesar said of Gaul, may be said of today's Jews under the age of 40. That is the conclusion of Steven M. Cohen, professor of Jewish communal services, Hebrew Union College-Jewish Institute of Religion.

Professor Cohen suggests that these "young adults" may be divided into three groupings, each with its own characteristic patterns of Jewish engagement: The intermarried, the intermarried, and the non-married. According to Cohen, each of these groups differs from the others, not quite in language, customs and laws, "but certainly with respect to Jewish affiliation, knowledge and interest."

However, even though the groupings are clear and distinct, and pose very different challenges that require very different responses, the gnashing of teeth, breast-beating and media headlines are directed primarily toward the group which intermarries.

I do not perform intermarriages, that is, marriages between Jews and non-Jews. I believe the marriage of two Jews, by birth or conversion, provides the greatest possibility for Jewish survival. Yet, every time I turn away a young couple who will be married in quasi-Jewish ceremonies, I wonder if I have done our people and our future a good deed. I wonder if I have been respectful of the lives they have lived and the life their parents have chosen for them.

During the High Holy Days, it is easy to



From the pulpit

Rabbi Steven
Garten
Temple Israel

identify those wonderful individuals who struggle desperately to maintain strong ties to the Jewish community but still see their children intermarry. Rabbis also see wonderful people whose commitment to Jewish practice is tangential to the essence of their lives and also see their children marry non-Jews.

This is a truism in all synagogues and in all denominations. What these parents share together is not the heartache of intermarriage; it is a life in modernity.

We all read newspapers and magazines of the surrounding culture, watch television and listen to the radio. We work in the general population. Our children go to secular universities. When we are worried about our children's health, we forbid certain foods. When we are worried about the company they keep, we forbid certain associations. When we are worried about their academic success, we provide tutors and limit free time.

Yet most of us would never consider forbidding our children from attending universities like McGill, Dalhousie, U of T or Queen's. Most of us would never forbid our children from reading the *Globe and Mail*, *Mother Jones* or *The Atlantic*.

We believe that, regardless of our religious commitment, our future lies in being part of this multi-cultural country, not being separate from it. I rarely hear a ground swell of community support for isolation. In fact, more often than not, I hear individuals speak of their sadness that we are not more accepted and integrated into the mainstream.

These realities of our life should give us pause before we declare intermarriage a scourge. We have reaped what we have sown. Perhaps, what would be more responsible is to acknowledge that our life choices have consequences and that if Jewish life is to proceed into the next century, we will

have to respond to new challenges with new approaches.

These approaches do not require us to retreat from our ultimate goal of a thriving Jewish community, but they may require us to accept new realities. They may also require us to acknowledge that new realities call for new modes of acceptance.

We can no longer successfully prohibit intermarriage, but what we can do is stop beating our breast and find ways to welcome these families into our synagogues, our communities, our schools and our homes. The time has long passed since we sat shiva for our children who married "out."

bulletin

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Program connects youth to community and Israel

Since the publication of the *Bulletin's* front page story on Jewish identity, or more accurately the lack of it, many in our community have expressed their concern and shock about the depressing findings in Charles Shahar's report: *2001 Census Analysis: The Jewish Community of Ottawa, Part 6 – Issues of Jewish Identity*.

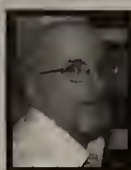
People are either pleased the community is going to take this issue more seriously by hiring the Jewish Outreach Institute and earmarking more funds for Jewish identity programs, or are asking, perhaps unfairly, what took our leadership so long to make this decision.

One of the concerns many have is the lack of Jewish identity among the younger generation and what can be done about it.

Temple Israel Religious School just may have found the way for their students to strengthen their identity with both the Jewish people and Israel after they leave school.

As part of the Partnership 2000 (P2K) program, the graduating Grade 10 class of Temple Israel Religious School has been twinned with the Grade 10 class of Emek Hahulla High School at Kibbutz Kfar Blum in the Upper Galilee.

Throughout the year, the students will be e-mailing each other, telephoning and getting to know more about each other's



Editor

Barry Fishman

country by working on special projects.

The idea for twinning the schools began last year when Temple Israel students visited Emek Hahulla during the community mission to Israel. In the four short days they were there, the students bonded. Some are maintaining contact through e-mail. Also, many are planning to visit their new-found friends in Israel.

And what is most gratifying is that many of last year's Temple graduates have stayed connected with the Ottawa Jewish community by doing volunteer work.

The twinning program will build on the success by having the students stay longer and enjoy the educational and social experience of going to an Israeli high school. The Temple Israel students will visit Israel during the March break, spend 10 days with the Emek Hahulla students and their families and attend Grade 10 classes.

"We are looking at it being a long-term

project, not just the school year, that will stretch over the years," says Temple Israel Religious School teacher Annette Paquin.

"We want our kids to stay in touch so that when they go back to visit Israel, they feel comfortable visiting their friends from the school. It is about connecting our kids to Israel and, hopefully, connecting Israeli kids to Jews in the Diaspora."

Recently, I met with Doron Sharabi, the Grade 10 head teacher at Emek Hahulla, who was in Ottawa to help plan the visit. After visiting the Temple Israel Religious School and meeting the students, the veteran history teacher is optimistic that the twinning will be a success.

"I see the commitment of the people. I see the enthusiasm of the children. They all want to be in Israel, even the little ones. I am very impressed. If we do our share in Israel, it will be a big success," he says.

Sharabi visited and observed classes at Glebe Collegiate to better understand the type of courses the Grade 10 Temple Israel Religious School students take during the



Doron Sharabi

week. While at Glebe, he took part in the lunch hour Jewish Cultural Club. He also visited Yitzhak Rabin High School and Hillel Academy.

A DVD is being produced to introduce Sharabi's students to their counterparts in Ottawa.

Although Sharabi admits, first and foremost, his goal is to establish a connection between his school and Temple Israel, he has bigger plans.

"We hope the connection between schools will lead to the connection between communities," he explains.

It just may.

If the planning now going on and the homework the Ottawa and Israeli students are doing are any indication, the trip will be widely successful.

And that is good news for a community worried about Jewish identity and how to engage our young people in things Jewish.

Let's hope that not only will the schools become closer, but also more visitors from the Upper Galilee will travel to our community.

You say you want a (multicultural) revolution?

If it wasn't for that meddling French Revolution ...

Liberté, Égalité, Fraternité. Monarchy overthrown. Universal rights of man declared. Foundation of modern western democracy set. Got a little out of hand by the end.

That's the one – 1789. You remember. So ... history lesson over ... let's get right to the parochial point:

Was it good for the Jews?

Well ... sure. Emancipation. Civil rights. Political equality. What could be bad about all that?

And really, there's no need to be parochial. It was also good – not right away, mind you – for the Sikhs. And for the Armenians. And the Laplanders. And the African-Americans. And the Lebanese-Canadians.

In fact, every member of every minority culture in every liberal democratic society that followed should thank those masses for storming the Bastille that long-ago July afternoon.

But here's the rub: If the French Revolution paved the way for emancipation and citizenship and individual rights, it also helped birth the cultural identity crisis.

Let's say it's 1779. There you are, living in a shtetl somewhere outside Strasbourg. Life isn't easy: You don't have many rights outside your community; there are special taxes and discriminatory



Alan Echenberg

laws for you and your kind; there's no real protection from the abuse and persecution you often suffer; you're not so much citizen as subject – even property – of the King.

Not fun, but on the plus side, you have no doubts about who you are and what is expected of you. Your community is close-knit and cohesive by necessity. Its leaders aren't wringing their hands over the threat of assimilation. Your traditions and cultural identity are solid and central to who you are.

The joke that goes "What do you call the grandchild of a Jew who intermarries? A Christian," is a couple of centuries from being written and would elicit blank stares if you tried it out at the local kosher butcher shop.

A few years pass and along come those Liberté, Égalité, Fraternité folks. Some heads appear on some stakes in the streets of Paris, and soon enough, you're not just a simple shtetl dweller. You're a citizen of your country.

You can move to the big city. You have choices, freedoms and new responsibilities. The duties and privileges of free citizenship often clash with – and often overwhelm – the traditions and cohesiveness of your cultural group. The trade-off may well be worth it, but still ...

Eventually someone does invent that joke and all of your great-great-great-great grandchildren get it. Even the Christian ones.

So let's move on from 18th century France to 21st century Canada and from one historical revolution to a proposed new one.

As far as culture clashes and identity crises are concerned, we've created something called multiculturalism, which is supposed to allow us all to participate fully as citizens while safeguarding the strengths of our respective cultures. How's it working?

Not terrifically well, writes *Globe and Mail* columnist John Ibbiston in a noteworthy new book, *The Polite Revolution*.

To be fair, the book hardly dwells on multiculturalism. It's actually a sweeping overview of the current state of many public policies in Canada – from immigration to health care to foreign affairs – with detailed, thoughtful proposals for improving upon them.

But Ibbiston (who, I should confess, is a friend and colleague – in my capacity as

a TV producer and his capacity as a guy who is on TV a lot) writes that one key to the future success of our multicultural land lies in gleefully discarding much of our cultural baggage.

"The price of a truly cosmopolitan society is ahistoricism – an absence of collective cultural memory," he writes. "That's not so bad, since much of history is misery, and the lessons learned are often swamped by the resentments rekindled."

"The Polite Revolution" seems to flow naturally out of the French one. Its author acknowledges that the evolving diversity of our society creates interesting complications.

"What will culture mean," he writes in a companion newspaper article "if it means being part Jew, part Cree, part Estonian, part Thai?"

Good question, with no simple answer.

But maybe there's an alternative to tossing away the old in favour of the ahistorical new.

They say the most successful relationships are those in which each partner has a mature, secure sense of self. Maybe that's the key to the success of a multicultural society: Fostering a strong sense of where each of us comes from to better move forward together.

It's hardly a radical idea. In fact, it's probably a bit ... counter-revolutionary.

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Mailbag

Generosity should not go unnoticed

This Yom Tov, as in the past, the shul run by Rabbi Blum of the Ottawa Torah Centre Chabad was vacant for Rosh Hashanah and for Yom Kippur. It was not for a lack of congregants, but rather because the shul could not accommodate all those who wish to attend Yom Tov services.

The popularity of the Chabad shul can be understood by meeting the rabbi and his congregation. Rabbi Mendel Blum arrived in Ottawa 10 years ago, and settled in Barrhaven.

Although there were few observant Jews in the area, he established a shul, in the basement of his home. He was a firm advocate of the saying, "If you build it, they will come." What he built was a regular attendance for Shabbat. The popularity of his basement shul increased to a point where a larger, dedicated location was needed. The expansion resulted in a storefront shul, located in a Barrhaven shopping mall.

What is unique is that the majority of those affiliating with Rabbi Blum and the Ottawa Torah Centre are not Chabad, and may not be observant in the traditional manner. This is of little concern to the rabbi. All are welcome to join and participate in services, activities and learning. Those attending services are made to feel at home.

This year, because of the increasing popularity of the services, there was no Barrhaven facility large enough to accommodate all those who wanted to attend his High Holiday services. Undeterred, the rabbi looked around and rented accommodation at a hotel in Bell's Corners.

His action goes to the heart of what OTC embodies. The adherents of Chabad established a shul for themselves, in their neigh-

bourhood. They wanted to experience a sense of community and have a short walk to shul in order to observe Shabbat. By extending their welcome to the community as a whole, it is they who are being put out. As it is not reasonable for them to walk to the hotel, the founders of the shul left the comfort of their homes and encountered additional costs to stay at the hotel for Yom Tov.

The hotel is not equipped to provide kosher meals, which requires that they bring their own food with them. Unlike the guests at their services, who were able to go home for a relaxed Yom Tov meal, the hosts were confined to the hotel.

The members, executive and clergy of Ottawa's mainstream shuls expend great effort and dedication to facilitate attendance and participation at services. They have sought the best rabbis and chazzans available, and spend great amounts of money to maintain or refurbish the grandeur of their buildings and provide a warm, welcoming place to worship. The number of people they accommodate is limited by the size of their facility.

Chabad takes a different approach. It opens its heart to the people of Ottawa. Its adherents moved out of their homes and their personal comfort zone to be able to accommodate their guests. Such generosity and chesed should not go unnoticed, or unappreciated, by our community.

Barry Bokhaut

Letters welcome

Letters to the Editor are welcome if they are brief, signed, timely and of interest to our readership. The OJB reserves the right to refuse, edit or condense letters. The Mailbag column will be published as space permits.

Pirkei Avot: the wisdom of our sages

Rabbi Yishmael said: Be yielding to a superior, pleasant to the young, and receive every person cheerfully (Pirkei Avos 3:16)

By Rabbi Micah Shotkin

In an age where corruption and leadership sometimes seem to go hand in hand, our society has become very cynical. We are reluctant to accept the authority of anyone. Those who assume the mantle of leadership are suspected of being megalomaniacs with insincere motives.

How can you blame us? Every day seems to bring another scandal.

Yet, Rabbi Yishmael warns us not to become too intractable. When you find good leadership, don't be too cynical and haughty to follow. Being submissive to leadership is not a sign of weakness. If one has chosen a good leader, it is a sign of wisdom and humility to follow them.

On the other hand, be "pleasant with the young." If you are presented with the mantle of leadership don't be meek. Rise to the

occasion. But do not demand or expect your charges to follow the advice of Rabbi Yishmael. They may not be willing to humbly accept your guidance. Nevertheless, lead them with pleasantness and kindness and then you will surely capture their hearts and minds.

Rabbi Yishmael concludes that whether acting as a leader or as one seeking guidance, don't be too quick to dismiss people who make a bad first impression. Receive them all cheerfully. Give them the benefit of the doubt and get to know them before rejecting them as potential leaders or subordinates.

It is refreshing to see how the message of Rabbi Yishmael from years gone by is still current. If only we could always remember this Mishna as a model for our personal conduct, how fortunate we would be.



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**And the Winner
of the Blue Box Trip to Israel is ...**

Friday, October 21 dawned bright and beautiful ... perfect for choosing the winner of the JNF Blue Box Trip to Israel competition. Gathered around the white basket adorned with a blue bow containing names of all the entrants who turned in filled Blue Boxes over the year are (left to right) Lisa Cogan, president JNF Ottawa; Carlson Wagonlit's Sandy Granatstein, who donated the prize; Naomi Lipsky-Cracower, chair of the Blue Box Campaign; and Mark Mendelson, executive director Eastern Canada, who drove in from Montreal for the draw. The honour of pulling the winning entry went to Sandy Granatstein ... and the lucky winner is ... Dov Vinograd! Sincere thanks to everyone who participated in this worthwhile, fun event. L'Hita'rat, Dov!

Negev Dinner 2005

It just doesn't get much better than the spectacular Negev Dinner evening honouring Dr. Hartley Stern held at The West in Ottawa on November 1. A sellout crowd of 750 heard a heartfelt address by the honoree and a stirring speech delivered by the keynote speaker, Robert Kennedy Jr. The event saw the establishment of the Hartley Stern Nanotechnology Research Project in the Negev. Full story elsewhere in this issue of the Bulletin.

Sefer Bar/Bat Mitzvah Inscriptions

Mazal Tov and Yasher Koach to our Bnai Mitzvah celebrants whose names were inscribed in the Sefer Bar/ Bat Mitzvah on the occasion of their recent simcha: Sylvia Freeman by her children Norma and David Freeman and grandchildren Harrison and Abigail, Jorey Aleasha Cohen by her bubbie and zadie Helen and Ellie Marshall, Michael Yona Levine by his parents Stanley and Cathy Levine, Alexander Maxwell Goldfarb by his parents Lisanne and Stanley Goldfarb, Rebecca Shifra Silver by her parents Susan Marcus and Mark Silver.

Golden Book Inscriptions:

On the occasion of her Bat Mitzvah, Naomi Cohen has been inscribed in the Golden Book by her bubbie Lillian Cohen.

On the occasion of the Bar Mitzvah of their grandson, Maxwell Goldfarb has been inscribed in the Golden Book by his grandparents Saul and Edna Goldfarb.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (798-2411).



Megiddo Prison expansion unlocks door to Christian past

By Tidhar Ofek

Expansion plans for Megiddo Prison – until now known only as a main facility for security prisoners in the North – have unexpectedly yielded a major find for the Christian world and Israeli tourism: a structure believed by some archeologists to be the earliest church ever found, near the biblical site of Armageddon.

The rare Christian religious structure, possibly the largest church ever found here according to reports, was found during an Israel Archeological Association (IAA) excavation at the site, discovered thanks to the help of, among others, 60 prisoners who worked on the dig.

"This is a very ancient structure, maybe the oldest in our area," said Yotam Tepper, the head archeologist on the dig.

The dig took place over the past 18 months, with the most significant discoveries taking place in the past two weeks, Tepper said. Scholars believe Megiddo to be the New Testament's Armageddon, the site of a final war between good and evil.

Tepper said the discovery could shed new light on an important period of Christianity, which was banned until the fourth century.

"From this era, we mostly

have historical findings, not archeological findings."

Channel 2 broadcast pictures of a detailed and well-preserved mosaic bearing the name of Jesus Christ and images of fish.

Pietro Sambri, the Vatican's ambassador to Israel, praised the find as a "great discovery."

"Of course, all the Christians are convinced of the history of Jesus Christ," he told Channel Two. "But it is extremely important to have archeological proof of a church dedicated to him? Certainly."

Found on the floor of the structure was an inscription written in Greek dedicating the monument to the "Lord Jesus Christ."

In addition to the dedication to Jesus, three other inscriptions were found on the mosaic floor. One of them, the northernmost inscription on the mosaic, constituted a dedication to Gaianus, a military officer who contributed to the construction of the mosaic floor from his own funds. Another, the easternmost inscription, memorialized four Greek women. The last of the inscriptions, on the western side of the mosaic recalled a certain god-loving "Afektos." IAA excavation supervisor Jotham Tefer said that the content, wording and style of the inscriptions date the structure to the 3rd-4th centuries CE.

"Christian religious structures from this period are a rare archeological find in Israel," Tefer said.

"Third to fourth century mosaics, including those with inscriptions, are very rare. This [finding] is a

unique and important structure [and expands] our understanding of the early period of Christianity as a recognized and official religion," he continued.

Joe Zais, an anthropologist and a former curator with the IAA, said the discovery was significant but unlikely to be the world's oldest church. He said Christianity was outlawed until the time of Emperor Constantine in the fourth century, and there were no churches before then.

"The earliest it could be is fourth century and we have other fourth century churches. I think what is important here is the size, the inscription and the mosaics," he said. "I think it is an important find as far as early Christianity but

I wouldn't say it was the oldest church in the world."

The IAA excavation was initiated following the Israel Prisons Service's (IPS) request to expand the Megiddo Prison to check the surrounding area earmarked for expansion for artifacts.

The IPS, which confirmed the finding, expressed its hope that the ancient structure would not stall their efforts to expand the prison.

"We need to see if it will be transferred elsewhere," the IPS said in a statement. "We are interested in expanding the prison and we hope the find will not hinder our plans."

Yakov Katz contributed to this report.

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Authors Seymour Mayne, Glen Rotchin and David Matas to launch new books this month at Soloway JCC

On November 30 at 7:30 pm, the Soloway Jewish Community Centre will present a double book launch by two Jewish writers: Seymour Mayne, an Ottawa with over 40 publications in his long career, and B. Glen Rotchin, a Montrealer who is publishing his first novel.

Seymour Mayne will read from *Ricochet: Word Sonnets* and its companion volume, *September Rain*. Word sonnets, a form Mayne helped develop in 1999, is a condensed form of the traditional 14-line poetic form known since the time of Shakespeare as a

sonnet. This new form has 14 words, one for each line.

Mayne describes the word sonnet as the perfect Internet age poem, "Fourteen words, easily disseminated by way of Internet. Both instructive and entertaining."

Pirkei Avot influences his affinity for the word sonnet. "Concise, imagistic sayings and maxims, image and insight," he says.

He notes that the word sonnets are tight on the left margin and eliminate concerns about tabulation and fitting the next on the screen. Mayne's poem "Yid-

dish" is an example of his artistry:

YIDDISH

Echo / of / whisper /
as / distant / ghosts /
in / their / millions /
dream / the / living /
into / speech.

Ricochet is divided into four thematic sections: Israel, Spain, seasons of Jewish observance, and memorial poems. The second half of *Ricochet* contains humour. Mayne feels poetry benefits from a bit of levity.

At the University of Ottawa, where he serves as professor of Canadian liter-

ature and creative writing, Mayne has brought together his twin passions for Canadian literature and Judaism in the creation this year of a program for Canadian Jewish studies. Unique in Canada, the program will employ the disciplines of literature and history to study the contribution of Jews to Canadian life.

Mayne is the author, editor or translator of more than 40 books and monographs. His writings have been translated into many languages, including French, German, Hebrew, Polish, Russian and Spanish.

In B. Glen Rotchin's novel *The Rent Collector*, Gershon Stein collects rent in a large industrial building in the heart of Montreal's needle trade. Meanwhile, he struggles to reconcile his relationship with his ailing Holocaust-survivor father, find balance in his family life and match wits with his arch-nemesis, Joey Putkin, an Israeli leather coat manufacturer leasing the basement of his building.

Rotchin provides an incision into Montreal Jewish society through the depiction of a traditional Jewish industry while maintaining the overarching metaphor of rent as a binding and divisive obligation that defines relationships in the community.

Rotchin's poetry and fiction have appeared in several literary journals including *The New Quarterly*, *Outlook*, *Viewpoints* and *Parchment*.

With Seymour Mayne, he co-edited the poetry collections *Jerusalem: An Anthology of Jewish Canadian Poetry* and *A Rich Garland: Poems for A.M. Klein*.

Rotchin was head of cultural programming at Montreal's Jewish Public Library. He has also worked in the garment district of Montreal, where his novel is set.

On Monday, November 28, at 7:30 pm, international-



Seymour Mayne

ally known Winnipeg-based immigration and refugee lawyer, David Matas, will speak about his new book *Aftershock: Anti-Zionism and Anti-Semitism*.

Anti-Zionists, whose primary goal is destruction of the State of Israel, use accusations of the worst forms of human rights violations against Israel to de-legitimize the state. These accusations criminalize the Jewish population worldwide for actual or presumed support of the State of Israel.

Matas is a human rights activist and Senior Legal Counsel to B'nai Brith Canada.

These book launches are part of the celebration of Jewish Book Month. There is no charge for admission.

For more information contact Maxine Miska, Director of Programming, Soloway Jewish Community Centre (798-9818, ext. 263 or mmiska@jccottawa.com).

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Kennedy impressed with JNF's work

By Diane Koven

The JNF Negev dinner honouring Dr. Hartley S. Stern, vice-president, cancer services at The Ottawa Hospital Regional Cancer Centre, was held at the Westin Hotel on November 1, 2005 and attracted a sold-out crowd of 700.

Alan Baker, ambassador of Israel to Canada, brought greetings to the assembled politicians, dignitaries, physicians, environmentalists and array of supportive community members, many of whom had come to hear the keynote speaker, Robert F. Kennedy, Jr.

Kennedy, who is well known as an environmentalist and advocate for clean water, is chief prosecuting attorney for Riverkeeper and president of the Waterkeeper Alliance.

His passion for his cause takes him around the world on speaking engagements, many of which are to JNF and other Jewish groups. Praising the work of JNF, Kennedy said "this really is the model for what every other country in the world ought to be doing ... I am so impressed by this organization and the extraordinary commitment we see wherever Jews are in the world."

Speaking of the devastation of the waters, and the fishing industry, in parts of the United States, Kennedy cited chilling statistics.

"Six hundred and thirty thousand children born in the U.S. every year are exposed to dangerous levels of mercury in their mother's womb," he said.

His own mercury levels had been tested and are double the level considered safe, "just by eating fish."

He claims that it would be very easy and very inexpensive to remove the mercury, but it is not being done because "this White House has been undoing all the environmental laws ...

"There is nothing radical about the idea – as the JNF knows – of clean water and clean air for our children."

Kennedy had great admiration for the project chosen by Dr. Stern to benefit from the proceeds of the Negev dinner. After extensive research, Stern decided to direct all funds to JNF research centres in the Negev Desert to employ nanotechnology in the use of filters and micro organisms to clean and desalinate water with the aim of significantly reducing the cost of purifying water in Israel.

Israel's project will not only benefit its own people, but has the potential to make a tremendous difference to the lives of billions of people around the world.

Stern says, "1.2 billion people must use contaminated water. Four hundred children die per hour in the

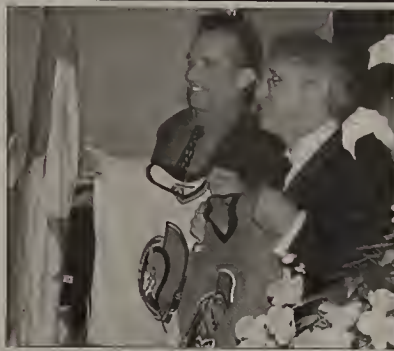
developing world ... this is preventable. The opportunity to make a difference is extraordinary."

Stern, a colorectal cancer specialist who came to Ottawa in 1994 to assume the position of chair of the department of surgery at the University of Ottawa, is originally from Toronto. He, his wife Dorothy and sons Daniel and Andrew, quickly became involved in the local Jewish community. They are affiliated with Agudath

Israel Congregation and both Daniel and Andrew (who are now university students) attended Hillel Academy.

Being a child of survivors, Stern feels very strongly about contributing to Israel and the Jewish community.

"I am very impressed with the 14,000 member Ottawa Jewish community," he says and he makes time in his busy schedule to be (See Dinner page 12)



Robert Kennedy and Dr. Hartley Stern show off their Senators jerseys at the JNF Negev Dinner. (Photo: Peter Waiser)

Advances in research on ALZHEIMER'S DISEASE... Hope for the Future

The Ottawa chapter of The Canadian Society for the Weizmann Institute of Science presents, as part of the lecture series on health and science, a valuable opportunity to learn about and discuss the latest advances in research on Alzheimer's disease, treatment and care with experts from Canada and Israel.

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Mid Point Film: Nov. 16 Mayfair Theatre 7:30 pm.

Imaginary Witness - Hollywood and the Holocaust: 35mm 90 min.

Gene Hackman narrates this insightful and riveting documentary. Through interviews with screen writers, directors and actors the role of Hollywood in portraying the Holocaust is examined. Clips from classic films from the 1940's to the present (Schindler's List) are played and scrutinized by the relevant people involved in there production.

How has Hollywood fared in representing Hitler and the Holocaust: Pass or Fail?

Closing Film: Nov. 23 Mayfair Theatre 7:30 pm.

King of the Corner: 35mm 93 min.

All Star Cast: Peter Riegert, Eli Wallach, Isabella Rossellini, Rita Moreno, Eric Bogosian and more

All about the sandwich generation presented in a much too realistic fashion.

A New York ad executive (Peter Riegert) dealing with the pressures of his job, an out of control teenage daughter, and a father who lives in a senior's residence in Arizona struggles to keep his sanity and relationship with his wife, daughter and father in check. What happens next is a mixture of comedy and drama.

For more details on plot point your browser to: www.templeisraelottawa.ca

Tickets at the door each night: \$10/person.

Kennedy praises Canada and Israel

By Diane Koven

In a telephone interview prior to the JNF event, Robert Kennedy Jr. expressed his great fondness for Canada, for Israel and for the Jewish people.

"I have been to Ottawa many times. I go to Canada a couple of times a month. I take all my family vacations in Canada...we go skiing every year in Banff and Lake Louise, take wilderness trips and visit Algonquin Park every summer.

"My family has always felt very strongly about Israel. I remember how much my father [the late Senator Robert Kennedy] admired the Israelis during the '67 War; he admired their toughness and resilience. It was his statements about Israel that ended up with his assassination.

"My older sister worked on a kibbutz. We have always had a very strong connection to Israel...I have not been to Israel, but it is number one on my list."

In terms of his passion for environmental issues,

Kennedy speaks out strongly in praise of Israel as well as the Jewish religion:

"There are manifold mandates in the Talmud and Jewish history that we should treat the land well and act as stewards. Ultimately, we are hard-driven by our biology to destroy the environment...it is only a spiritual fire that can overcome that biological drive. We have seen that with the Israeli people and their commitment to respect the land. I think they are an example to humankind...by their commitment to planting trees they will never see [bear] fruit, but the next generation will. That is an example for the rest of humanity.

"Israel has made a commitment to future generations. That is what the whole State of Israel is about - a commitment to the future, to take a piece of land that was little more than a barren moonscape and turn it into a garden, and we are doing the exact opposite in the U.S. and, to a lesser extent, in Canada."



Robert Kennedy Jr.
(Photo: Peter Waisel)

Dinner

(Continued from page 11)

involved in a variety of ways.

He is a member of the Federation Campaign Cabinet and has, for the past three years, co-chaired the Physicians and Surgeons Division of the annual campaign. He also participated last year in reactivating the Maimonides Society which encourages philanthropic activity and community involvement by physicians.

This year's Negev Dinner chair was Rabbi Dr. Reuven P. Bulka who acted as Master of Ceremonies. The four campaign chairs were Ron Cherney, Robert Greenberg, Paul Hinds and Ron Vered.

Communications skills

People spend over 75 per cent of their time in an interpersonal situation. Communication is a fundamental component of all relationships. Effective communication helps build bridges and enhances the relationship.

"The Great Communicator" is the title of an evening organized by Ottawa Torah Center Chabad (OTC) on November 20, 7:30 pm at the SICC. The evening will feature noted scholar and lecturer Rabbi Michael Gourarie from Sydney Australia.

He is the director of the Chinuch Foundation in Sydney Australia. He was born in

South Africa and studied in rabbinical colleges in the United States and Melbourne. He has an MEd and has been involved in teacher training and lecturing at Sydney University and numerous Jewish day schools.

Rabbi Gourarie is well known for his inspiring lectures and classes on a whole range of topics, always giving the Jewish Torah perspective. He will lead participants to discover the essence of the human being based on the secrets of the Torah. Participants will acquire essential communication skills for a lifetime of

better co-operation in work, family, friendship and community settings.

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'Who is a Jew' topic of Reconstructionist session

By Barry Schneider

Benjamin Barnett, visiting rabbinical student at the Ottawa Reconstructionist Havurah, will lead a session on Jewish identity at the SJCC on Sunday, December 4 at 1:00 pm.

The question of how to determine Jewish identity has become contentious. While there are traditional *halachic* (Jewish legal) positions to which a significant portion of the Jewish world subscribes, there are also large numbers of Jews who hold alternative perspectives.

At this session, open to all members of the community, we will look at some of the historical processes through which the question of Jewish identity has travelled.

For instance, we will examine the origins of matrilineal descent as the determining factor of one's Jewish identity, peering back into antiquity to see



Benjamin Barnett

how that practice evolved. Touching on both primary and secondary texts, we will reflect on how the issues surrounding Jewish identity have emerged in the worlds of the rabbis from Talmudic times to the present day.

This issue, both in Israel and the Diaspora, is sure to become only more controversial in the years to come, as there are an increasing number of Jews at odds with one another regarding it.

In general, the Recon-

structionist position consists of a more inclusive definition of who is a Jew than the traditional *halachic* one.

As a Reconstructionist, Barnett supports this, but also believes strongly in the importance of looking at all sides of the issue, with the aim of understanding to the best of our ability exactly what is at stake in this emotionally laden controversy.

Barnett is now in his final year at the Reconstructionist Rabbinical College (RRC). Originally from the Chicago area, he received his undergraduate degree in English from the University of Michigan and has worked in the mental health field and led wilderness expeditions for teenagers. He enjoys music, hiking, yoga, and spending time with his wife Rachel and their one-and-a-half year old son, Lev.

Barnett is visiting ORH once a month this year, leading services, adult-education programs and activities for children and youth.

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Over 1,000 children attend 'Hana's Suitcase' program

By Rena Herman
Hana's Suitcase, the award-winning children's book published by Second Story Press, was recently brought to life in Ottawa as Karen Levine, the book's author, George Brady, Hana's brother, and Fumiko Ishioka, curator of the Tokyo Holocaust Centre were in town for a series of presentations.

Hana's Suitcase has won more awards than any other Canadian book for young people in the last 25 years, and has been translated into 30 languages.

It tells the sad story of a

girl named Hana who died in the Holocaust and details Ishioka's search for the story behind the empty suitcase she received for the Tokyo Holocaust Centre.

On Friday, October 28, close to 1000 students from Grades 5 - 8 packed Hillel Academy gym as the school played host to two presentations. Schools attending included Queen Elizabeth, Glashdon Intermediate, and Briar Green Public. Many of the students already knew about Hana - they had read about her, and studied her in school.

Hana's story has had a

powerful impact on these children.

"A ripple that turned into a wave of excitement went through the class at the prospect of meeting and hearing them. Many spoke as if they were going to meet superstars like Michael Jordan or Wayne Gretzky - though we all know that Fumiko, George and Karen are all much bigger superstars. It was amazing to see this kind of reaction from the children," says Joseph Reily, a Grade 5/6 teacher from Queen Elizabeth Public School.

There were also Sunday presentations. For the afternoon presentation at Centrepointe Library, the children lined the floor in the front of the room, with standing room at the back. Another capacity crowd attended the evening event at Saint Paul's University.

Levine, a radio broadcaster, was a captivating storyteller, and the children listened intently. She spoke about the Holocaust and, how as a Jewish child, she sometimes wondered what might have happened had she been born in another time. She talked about Hana, who skied, skated, and played a rooster in the school play.

Ishioka was charming and energetic as she spoke of Small Wings, a group of Japanese students studying the Holocaust, and of her initial contact with George Brady. She explained how she was concerned about



(Back row left to right): Karen Levine, George Brady, Fumiko Ishioka and Sara Breiner with students at the Hana's Suitcase program. (OJB Photo: Francine Greenspoon)

stirring up old memories of a beautiful sister long lost. But Brady responded with a four-page letter, and photographs of Hana.

Brady spoke of his life with Hana before the war, and how their lives began to slowly change with the advent of the Second World War. They couldn't go to school, they had to wear a red star, and their parents were arrested.

Eventually, the children were deported to Theresienstadt, and later to Auschwitz. He chokes up as he tells of how he was sent to the right at Auschwitz to work, but Hana who was only 13 was sent to the left to the gas chambers. George, the older brother,

was supposed to have gotten his little sister home safely.

Hana's story inspired students to write and record an original song which was played at the presentations.

Children asked questions, most addressed to Brady. How did you get home after the war? How did you feel when you were told to go to the right? What did you pack in your suitcase? How long did you cry when your sister died?

For the children, the story of Hana's Suitcase is an amazing, living piece of history that spans continents and generations - the story of a beautiful young girl who was killed in a terrible war many years ago. But it is also a lesson on the horrors of the Holocaust, presented in the image of a Hana.

Recently, Brady's nightmares about Hana, nightmares that he has had since her death, have stopped. He

explains that Hana had wanted to be a teacher, and how now, so long after her death, with the help of Levine and Ishioka, she has been granted this opportunity to educate millions.

Ken Clavette, co-ordinator of Labour Community Services, in association with the Ottawa and District Labour Council, Jewish Family Services and the Shoah Committee of the Jewish Federation of Ottawa were instrumental in making this project happen.

Hana's Suitcase marked the launch of Holocaust Education Week 2005, which included a wide variety of programs dedicated to teaching the lessons of the Holocaust.

Chair of the Shoah Committee is Sara Breiner who is also vice-principal of Judaic studies at Hillel Academy Hebrew Day School.

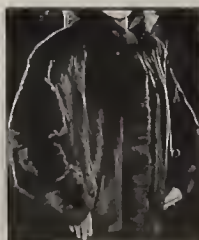


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Sunday afternoon Klezmer music with coffee and bagels

By Cynthia
Nyman Engel

If you like a little Klezmer with your coffee, you're going to love Sunday afternoons at Ottawa Bagelshop & Deli.

On Sunday from 2 to 4 pm, the fragrance of freshly baked bagels and freshly brewed coffee meets the freilach of Klezmer for two toe-tapping, drum-along, sing-along hours of joyful music played by an itinerant group of local amateur musicians with a whole lot of talent and a whole lot of heart.

It all started last April when Klezmer-loving mandolin-player Don McVeigh stopped into the Ottawa Bagelshop with a proposal: Would owner Vince Piazza permit a group of local Klezmerniks play their hearts out for a couple of hours on Sundays?

Piazza is no stranger to innovation. For several years, he has invited local artists to exhibit their works on his walls and recently



(From left to right) Peter Teitelbaum, Daniel Carkners and Isaac Muzikansky perform at the Ottawa Bagelshop & Deli.

introduced highly successful dinner/musical performance evenings into his Wellington Street establishment. So, when Don McVeigh made his request, Piazza said yes.

"They don't take up a whole lot of room and they add a lot of flavour," says Piazza. "This is a group of people who really like to get together and jam. They add colour to an already colourful place."

The concept is based on the Irish traditional music sessions that are played weekly in pubs or bars.

"It's not a performance," explains McVeigh.

"It's really music for the musicians that hopefully," he chuckles, "isn't to the annoyance of the patrons. The group is casual. On any

given Sunday we don't know who will show up and what we're going to do, but we love doing it."

On a given Sunday, anywhere from three to 15 participants may assemble with their instruments at the round table.

Some drop by to play a song or three, then go off to other pursuits. Others, 'the regulars,' tend to form the core group.

Among these: guitarist Isaac Muzikansky, who often bursts into song; accordionist Aharon Zohar, drummer Steve Shapran-sky, and clarinetist Peter Teitelbaum.

There's Rena Herman, who plays the viola and also enjoys singing, Lud-milla Kotov on the violin, Haze Wainberg on the key-board and, of course, Don McVeigh on the mandolin.

"Not everyone runs away as soon as we start up," laughs McVeigh.

"And sometimes some of Isaac's Russian friends

show up and things take a decidedly Russian turn.

One afternoon, an Armenian fellow showed up and Isaac threw in an Armenian song for him that got him dancing.

"We all like Klezmer music and we play by ear. So someone starts a tune and we all bang in."

"It's the kind of thing you might do in your kitchen and it's a popular form of entertainment for people who are amateur musicians."

"We would be delighted to have other Klezmerim bring their instruments and

join us for an afternoon session."

The musicians have been enthusiastically received by the shop's clientele.

"A lot of our customers love them," says restaurant manager Stephen Zbar. "The music is lively and melodic. People clap and sing along, little children start to dance and everyone feels good."

If you like a little Klezmer with your coffee, stop into 1321 Wellington Street on any given Sunday, between 2 and 4 pm. You'll love it.

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Hillel student challenges herself on one of two aerial courses the school visited during Succot.

Hillel Students go spelunking and repelling in honour of Succot

By Heather Graham

In celebration of Succot, 54 students and five teachers from Hillel Academy went on a *Succot Tiyul*. Our destination: Aventure Laffèche, near Wakefield, Quebec.

This exhilarating outing had two components. The first part was the exploration of a two-million-year-old cave, created by a receding glacier during the ice age. Students learned about how various formations were created in the Ottawa area.

The second part was a visit to the aerial park. The students challenged themselves, and pushed their personal comfort zones by completing two aerial courses.

These courses consist of numerous rope bridges and obstacle courses across the treetops. The culmination of the day was a 250 m zip-line ride across a lake. Totally awesome! Each student expanded their personal limits and left the park with a sense of accomplishment and pride.



Chabad of Centrepointhe Succot Celebration

Over 300 people attended the Succot Circus organized by Chabad of Centrepointhe. The event featured a circus show, face painting, a moon bounce, arts and crafts, a lively Jewish DJ and plenty of delicious food. People were given the opportunity to shake the lulav and esrog and eat something in the big and beautiful succah standing proudly outside Ben Franklin Place.

For more information on upcoming events visit www.chabadcentrepointhe.com. (Photo Peter Walser)

JET Succah celebrations



At the Jetsetters Succah Hop, young adults hopped from one succah to the next, enjoying a truly "progressive" dinner.



Despite the rainy weather, children and their parents travelled to succahs around the city, enjoying activities, a storyteller, crafts, refreshments and great company in a beautiful setting.



Pianist Natasha Guiller looks on as father Yizhaq Nayvelt, an 87-year-old Second World War vet and long-time professional musician, receives applause as he accompanies the Ottawa Klezmer Band at the Outaouais Festival of Sacred Music. The group performed at the Canadian Museum of Civilization in celebration of the close of Simchat Torah. (Photo: Howard Sandler)

Exciting shoot-out decides final score

By Coach Julie Findlay

The SJCC gym was exploding with energy on Thursday, October 27 as the Hillel Hurricanes, Grade 7 and 8 floor hockey team entered to play the Israeli Under-18 National Hockey Team.

As hundreds of fans chanted, "Go Hillel Go," the puck dropped and the four-on-four game began. Hillel brought some experience to the team with a few A and AA competitive players.

The Israeli team was quite taken with the Hillel's determination, tenacity and energy. Hillel was quite impressed by the Israelis, whose goal is to play Olympic Hockey.

The first 15-minute period ended in a 2-2 tie and the crowd of students, parents and members of

the community wanted more.

The two teams played for a second 15-minute period. As the game ended, the deciding score had to be determined by an exciting shoot-out. Both team's experienced goalies took three shots each and the Israeli National Team won 1-0.

It truly was a treat for Hillel students to play the Israeli National team who had travelled from the northern Israeli community of Matula (Ottawa's sister community).

The Israeli athletes are taking advantage of their North American tour to strengthen their skills for the upcoming world championship in Bulgaria in March 2006. While in Ottawa, they played an exhibition gain against the Nepean Raiders midjet AA team.



An exciting game of floor hockey takes place between Hillel students and the Israeli Under 18 National Hockey Team at the Soloway JCC. The game was decided by a shoot-out. (Photo: Peter Waiser)

Hillel director hosts Succot dessert reception for parents

By Michael Silverman

Hot on the heels of Hillel Academy's successful back to school picnic, Rabbi Perton, the school's director of education, graciously opened his home and his heart to parents of children in junior and senior kindergarten, in celebration of Succot.

Having come from Texas, he decorated his succah in a Texan motif, complete with red Texan chili peppers and the Texan state flag.

Rabbi Perton is not your typical rabbi. He has been everything from a pulpit rabbi, elementary and high school teacher and a past and present principal of a Hebrew day school. His interests include running marathons, camping and white water rafting, which reflect his approach to leadership.

Hillel parents clearly appreciate the unique vision and philosophy Rabbi Perton brings to the school. He recognizes the importance of open dialogue with students, parents and community organizations. According to Marie Levine, mother of a kindergartener and a Grade 7 student, "such accessibility is a real treat."

Talia Rosenberg agrees, adding, "Rabbi Perton is a man of his word, and that he and his faculty and staff address the issues most important to parents."

This fall marks Hillel Academy's 57th year of academic excellence in a trilingual, Jewish environment. Its comprehensive program is guided by Jewish tradition and values that instill a sense of pride in and identification

with the Jewish people and the State of Israel.

The school welcomes families from across the spectrum of Jewish observance, which is in line with Rabbi Perton's philosophy of tolerance and respect.

Hillel Academy's board of directors is in the process of developing a strategic plan for the school to ensure that it remains a vibrant Ottawa Jewish institution.

From generation to generation, there can be no greater affirmation of the school's values and traditions than alumni – some of whom were in attendance at the party – sending their own children to Hillel.

Hillel Academy is an exciting place. There are new co-ordinators in the elementary and senior schools whose mission is to enhance excitement and energy. New and previously existing sports teams, a new art room sponsored by the PTA, expanded lunchtime clubs, ski days, Sens nights, grad trip for Grade 8 students, and a stellar, well-rounded education in general, French and Judaic subjects will make this year great.

To learn more about the school's ongoing events, visit www.hillelacademy.ca.



Marie Levine, Stephen Waxman and Howard Levine

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Hi! My name is Morgan Zagerman. Three years ago, I was approached to join the B'nai Brith Youth Organization. At first, I admit, I was hesitant. I didn't know much about the organization but my parents encouraged me to "try it, you might like it." Turns out, they were right. I really enjoyed my first program and I met some great people who made me feel welcome within the organization.

This year, my role is to recruit new members and teach them what BBYO is all about. So, here's my schpeel:

- BBYO is a youth-led organization for teens from Grade 8 to Grade 12.
- It's a great way to stay connected to the Jewish community.
- It helps you stay in contact with Jewish friends who go to different high schools.
- You will meet many new and interesting people.
- It gives you many great volunteer opportunities (and we all need those 40 hours to graduate, right?).
- It teaches you some very important leadership, organizational and teamwork skills.
- There are a variety of local programs and out-of-town conventions (often in Montreal).
- You will grow as a person ... I know I did. I went from being a quiet, passive observer to being an active, energetic and self-confident participant and leader.

We recently had our opening program at the Wave Pool and all who attended had a really great time. Future programs are being planned, including MIT (Members In Training) in October, where you can learn even more about BBYO and Spirit Convention in Montreal in November.

If any of you guys or girls out there are interested in becoming a member or attending a program to "try it, you might like it," feel free to give me a call at 225-5956 or send me an email at hersheykiss107@hotmail.com or Amy Siggner, Ottawa City Director, at 798-9818 or e-mail asiggnr@jccottawa.com

Renowned Weizmann professor to speak on Alzheimer's

By Dr. Mark Freedman

We are living longer as doctors successfully treat the many ailments that would have claimed lives decades ago.

However, with longevity comes an increase in the incidence of other age-related diseases such as Alzheimer's dementia (AD). Although great strides are being made to understand the disease, reversing the illness is years away.

Researchers are focusing on trying to make the most of what is left behind.

The central nervous system is essentially an electrochemical circuit system

where the main communication between neurons involves small chemical messengers called neurotransmitters. One of the key neurotransmitters lost early in AD is called acetylcholine (ACh).

ACh is released upon stimulation into a small gap called the synaptic cleft where it reacts with the next neuron via binding to a specialized receptor. To allow for the next wave of stimulation, leftover ACh needs to be quickly degraded. This is accomplished by an enzyme called acetylcholinesterase (AChE).

One way of enhancing

"transmission" in AD is to block AChE so that more ACh is around to stimulate receptors. That way, even though there are fewer cells capable of releasing ACh in AD, the ones that are present are sure to get their signals through.

Current treatments for AD aimed at reducing the activity of AChE have resulted in improved memory and learning functions. In some patients, it has meant the return to a greater level of functioning and, in some cases, even independent living.

Being able to care for oneself, drive, shop and manage finances for a bit longer is clearly an improvement in the quality of life.

An even greater effect is seen at the level of society, since AD patients often require either specialized home care or institutions to care for them. With too few of these services available to meet the needs of our aging society, this often means the family is burdened with the majority of care.



Weizmann Institute researcher Joel Sussman

One of the drawbacks of inhibiting AChE is that this enzyme is not brain-specific and it's found all over the body. As a result, the amount of AChE-inhibitor that can be given is limited by side effects on the rest of the body.

Researchers have been searching for agents that are either more specific to brain AChE or can selectively stimulate ACh receptors in the brain.

One such researcher is Professor Joel L. Sussman of the structural biology department of the Weizmann Institute of Science (WIS) in Rehovot, Israel. Together with Prof. Israel Silman, Prof. Sussman's team has worked out the 3D structure of AChE using computers and an advanced imaging centre that allows for the 3D visualization of macromolecules such as ACh.

Key to developing new agents is being able to

design drugs that fit "structurally" with receptors.

Prof. Sussman and his team were actually able to see the "pocket" where AChE binds to ACh. This is key to developing other agents that might also fit, but are more specific to brain ACh and they've already identified several new agents that are now being developed.

Biological proteins are made up of tiny building blocks called amino acids. The visualization technology creates 3D models based on the amino acid sequence of a given protein. Changing even a single amino acid could seriously alter its 3D conformation and could mean the difference between fitting or not into a specialized "pocket" or receptor. Fitting tightly or not at all is key to proteins being able to carry out their specialized functions.

The 3D technology

developed at the Weizmann Institute of Science in Israel allows researchers to see what sort of changes are necessary to get a better fit, something they've done with AChE.

The incredible work of Prof. Sussman and his team of researchers can be seen first hand in a series of movies they've placed on their website: (http://www.weizmann.ac.il/sb/faculty_pages/Sussman/movies.html).

You will also have the opportunity of hearing and seeing details of this "Star Wars" technology when Prof. Sussman comes to Ottawa on Tuesday, November 22, 2005. He will speak at a program sponsored by the Ottawa chapter of the Canadian Society for the Weizmann Institute of Science at Hillel Lodge at 7:30 pm. He will be joined by Dr. William Dalziel, chief of the Ottawa Regional Geriatric Program, and Melanie Hotz, caregiver.

Following the presentations and discussion, there will be a dessert reception. Admission is free.

For reservations, please contact the Ottawa office of Weizmann Canada (236-3391 or email susan@weizmann.ca).

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Young Jewish Adults in their 20's and 30's

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- ❖ December 2 at the Shaps'
- ❖ December 16 at the Sholkens

Cooking with Chopsticks

Monday, November 21st

Bena Esther Botwinik, formerly Belinda Cheung, will dazzle your palate with authentic Chinese food.

Call for time and location. \$5.00 suggested donation



Latkes, Wine and Cheese



Saturday evening, December 17

Calling all wine connoisseurs and want-to-be connoisseurs! Join us for Chanukah as we experiment with different wines and their counterparts. Latkes and light Chanukah snacks will also be served. \$5.00 suggested donation and food item for kosher food bank. Pre-registration required. RSVP to jet@jccottawa.com.

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Max London



Galya Schwartz



Rachel Conway



Mallory Kardish

Vets award scholarships

New officers elected at annual general meeting

By Horace Beilion

The annual general meeting, election of officers and brunch of the Ottawa Post, Jewish War Veterans of Canada took place on October 16 at Agudath Israel Synagogue. Highlights of the meeting were a video presentation and the awarding of scholarships.

Guest speaker Elizabeth Jedwab introduced the video and spoke about her late father Henryk Jedwab, a member of the Ottawa Post, who had commando experience in Europe during the Second World War. In the video, Henryk Jedwab talks about his work for the Allies during the war. The Polish, British and French governments decorated him for his military achievement.

Elizabeth Jedwab, a pharmacist, served 20 years in

the Canadian Armed Services.

One of the highlights of the meeting was the scholarship award. The Post now has the responsibility of administering two scholarship awards, the existing Ottawa Post Jewish War Veterans of Canada Scholarship Fund and the Abe Carlofsky Scholarship Fund. The later fund came about as a result of a bequest in the will of the late Abe Carlofsky, a member of the Post.

The Abe Carlofsky Fund awards committee, chaired by Elly Bellegraff, selected two winners. They were Rachel Conway, a graduate of Nepean High School, who has enrolled in the BA Honours program at Carleton University, and Mallory Kardish, a graduate of Sir Robert Borden High School, who will be pursuing a Bache-

lor of Commerce degree at Carleton University.

The Ottawa Post, Jewish War Veterans of Canada Scholarship Fund awards committee, chaired by Freda Lithwick, also selected two winners. Max London, a graduate of Lisgar Collegiate Institute, will pursue a BSc program in Science at the University of Ottawa. He hopes to go to medical school.

Galya Schwartz, a graduate of Glebe Collegiate Institute, who will pursue a BSc in Zoology at the University of Guelph, hopes to become a veterinarian.

At the general meeting Phil Pinkus was elected post commander and Elly Bellegraff was elected deputy post commander. Other officers include Sam Ages, Herbert Goldenberg and Hy Hymes.

Caregiver information seminars helps families look after aging relatives

One of the few undeniable facts of life is aging. That is why the Soloway JCC is offering a series of seminars entitled, *You and your Aging Parent/Relative: Caregiver Information Series*.

On Thursday, November 17, the SJCC will host an evening of panelists representing the Community Care Access Centre, the Regional Geriatric Assessment Unit of Ottawa and a seniors' residential accommodation consultant, who will guide you as you navigate the health and social service systems currently available to residents of Ottawa.

Community Care Access Centre, funded by the Ontario Ministry of Health, manages the lists for all long-term care facilities

(e.g., Hillel Lodge) and day away programs and assesses suitability for government homecare. The centre co-ordinates professional health and treatment programs in the community.

A representative from the Regional Geriatric Assessment Unit, also funded by the Ontario Ministry of Health, will join the panel to explain the co-ordinated network that determines the physical and mental level of seniors. The unit is housed in different locations throughout Ottawa: the Civic Hospital, the Queensway Carleton Hospital and at SCO Health Service (Elisabeth Bruyère Centre).

Ann Dobbins, a seniors' residential accommodation consultant, assists seniors in making the right choice

when selecting a seniors' residence. Options include retirement homes, semi-independent living, assisted living and long-term care options. She fine tunes the large selection of facilities and helps her clients with a match suited to their needs.

Future speakers in the series will include a lawyer, who will discuss wills and estates, a public health nurse, a physiotherapist and an accountant.

This free seminar will take place at the Soloway JCC on Thursday, November 17 at 7:30 pm. Brian Levitan, president of Homewatch Caregivers, will facilitate the evening.

For more information contact Roslyn Wollock (798-9818 ext. 254, or e-mail rwollock@jccottawa.com).

Judge to lecture at JET Shabbaton

This year, the JET Shabbaton will be held from Friday evening, December 9 to Sunday morning, December 11. The guest lecturer will be Judge Daniel Butler.

Butler served as a judge on the Municipal Court of Pittsburgh for over 11 years. He is currently a prosecuting attorney. He has prosecuted or adjudicated criminal matters from traffic tickets to murder. In his spare time, Butler is the volunteer spokesman for Camp HASC, a unique summer camp serving hundreds of children with severe disabilities, including two Butler children.

Butler speaks throughout North America on topics as varied as Collective Responsibility for the United Way, and Jewish Ethics to both adult and student groups. He has inspired the Satmar



Judge Daniel Butler

Bikur Cholim and has captivated the Vermont Legislature. Butler has spoken in venues such as the Beverly Hills Hilton and Radio City Music Hall.

Both Butler and his wife Nina have been consecutive Community Service Awardees of the United Jewish Federation of Pittsburgh.

This year's Shabbaton

theme is *Meeting the Challenge: Attitude, Adversity and Affirmation*. Topics will include, "When Life Gives You Lemons ... The Jewish Prescription for Creating Optimism and Resilience, The Inner Jew in the Outer World: Jewish Identity in the Workplace, The Ten Commandments of Happy Relationships: Advice from Family Court, and The Quest for Spirituality in a Mundane World."

The cost for the weekend is \$235, which includes a two-night hotel stay at the newly renovated Albert at Bay Hotel and five delicious meals. Early bird special is \$215.

For more information, contact JET (798-9818 ext. 247 or jet@jccottawa.com). Or check out the website (www.jetottawa.com).

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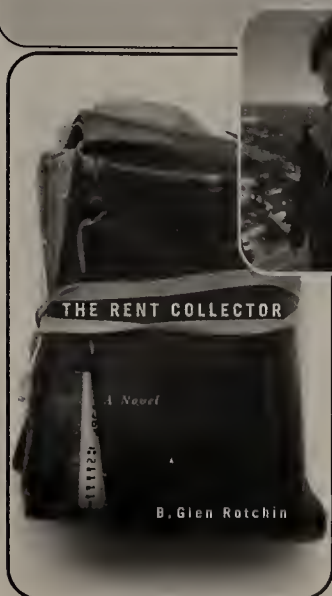
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NOVEMBER 14 • 7:30 PM • TOVA CLARK • "COMPARTMENTS"

Clark's autobiography reflects her involvement in political events and the diplomatic life of the 20th century. She recounts her family's flight from Nazi Germany, refuge in Jewish Shanghai and new life in Israel.

**NOVEMBER 19 • 7:00 PM • PROF. EDWARD K. KAPLAN, BRANDEIS UNIVERSITY
LECTURE: "HOLINESS IN WORDS: ABRAHAM JOSHUA HESCHEL'S POETICS OF PIETY"**
Sponsored by St. Paul University, the College of Jewish Studies, and the Soloway JCC.

**NOVEMBER 23 • 7:30 PM • RABBI MORDECHAI BECHER
"GATEWAY TO JUDAISM: THE WHAT, HOW, AND WHY OF JEWISH LIFE"**
Rabbi Becher will lecture on, "Triumphs and Traumas: How Judaism Deals with Life's Ups and Downs"
Co-sponsored by the Soloway JCC, JET and the Kollel of Ottawa.

**NOVEMBER 28 • 7:30 PM • DAVID MATAS
"AFTERSHOCK: ANTI-ZIONISM AND ANTI-SEMITISM"**
Internationally known Winnipeg-based immigration and refugee lawyer, human rights activist and Senior Legal Counsel to B'nai Brith Canada.

**NOVEMBER 30 • 7:30 PM
B. GLEN ROTCHIN • "THE RENT COLLECTOR"**
In Rotchin's first novel protagonist Gershon Stein, collects rent in a large industrial building in the heart of Montreal's needle trade.
SEYMOUR MAYNE • "RICOCHET" AND "SEPTEMBER RAIN"
University of Ottawa professor and poet Mayne will launch two books, "Ricochet: Word Sonnets" and "September Rain".

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Lecture explores works of Flavius Josephus

By Steve Mason

Flavius Josephus (37-ca. 100 CE) is one of the most influential Jewish writers of all time. His three works in 30 Greek volumes enjoyed a wide currency from late antiquity to the modern period. For various reasons, however, his constituency was almost exclusively Christian; Jewish communities generally ignored or disdained his work, at least until the 19th century.

That such a prolific and self-aware Jewish writer should have found his audience chiefly among Christians raises many intriguing questions.

Why were his writings so attractive to non-Jews but not to Jews? Did those who used Josephus understand (or try to understand) his purposes and themes? How did their use of Josephus fit their own projects, and what was lost in the reuse?

My presentation on November 27 at Library and Archives Canada will take up a single episode from Josephus' *Judean War* 6.199-219: the dramatic story of a desperate mother's resort to eating her own child during the siege of Jerusalem in 70 CE. We will investigate first what role the story plays in the *Judean War* itself, and look at its



Steve Mason will present his lecture on November 27 at Library and Archives Canada.

historical and literary antecedents.

In the second part of the talk, we will explore the remarkably extensive afterlife of this account in the writings of the church fathers of the second to fifth centuries, in the medieval passion-play tradition, through to the early modern period.

Ultimately, this illustrated lecture will highlight the great paradox in Josephus' "reception-history." Josephus' works were embraced, preserved (fortunately!) and even avidly read in segments,

but by those who had little concern with their overall themes or intended lessons.

Editor's note: Steve Mason holds the Canada research chair in Greco-Roman cultural interaction, York University, and teaches in programs in classics and religious studies, the graduate program in history and in the centre for Jewish studies.

He will present the illustrated lecture *The Judean Josephus in the Christian West* at Library and Archives Canada on Sunday, November 27 at 2:00 pm.

They Made a Difference Remembering 'a good and decent man'

By Stephen Victor

I opened the front door of our home, and this unique, complex, yet humble and simple man - Herb Nadolny - walked into my life.

It was July, 1981. I was recovering from my first by-pass surgery. Without notice or pre-arrangement and without any prior relationship between us, Herb came to my home to offer me encouragement and solace and to comfort me.

We discussed our mutual cardiac problems, and he provided me with his practical advice and wisdom. As walking was one of the disciplines of recovery, he suggested we walk together. And we walked together ever since.

It was later that I learned that Herb offered his advice, wisdom and encouragement to countless others who were facing or recovering from open-heart surgery or who had other heart problems. He did so quietly and without fanfare.

In fact, Herb was, throughout his life, generous with his time, his money and with sharing his knowledge and wisdom. These acts of generosity, of philanthropy, of kindness, were carried out without broadcast and always away from the limelight.

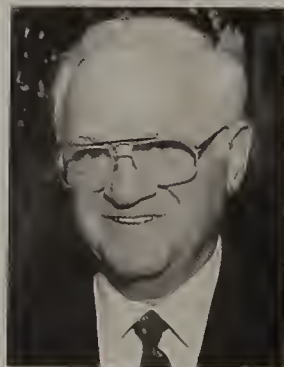
This is the way he lived. And this is the way he should be remembered - simply, as a good and decent man.

Herb Nadolny never sought honours. That makes the honour, the homage, the respect and the reverence we pay him all the more significant and meaningful.

To many of us, Herbie was our wise and trusted adviser, teacher and guide. But most of all, he was our faithful friend. When we needed help or required guidance or advice, he was there for us to give us the benefit of his wisdom, his knowledge, his good judgment, to fix the matter, to solve the problem.

Whether in business or life, whether a family or community matter, Herb could fix things and solve problems so easily because he saw things so clearly and so simply. He had the uncanny ability to go to the heart of the matter, to focus his mind on the quintessential of the issue, to research and analyse it, and to come up with the correct, the right, the appropriate solution and decision.

And while he was inventing, creating, building and developing, together with his life-long business partner and friend, Lyon Sachs, Herb lived life to the fullest. He embraced and enjoyed life and all aspects of it - the Sunday afternoon football games, the trotters, the craps table, golf, St. Andrews, Revelstoke, the walks, the cruises, the trips and missions, business, the buildings, the developments, the



Herb Nadolny

negotiations, city hall, the state dinners and the dinner parties, Machzikei Hadas, Jewish holidays, our Jewish community, Israel, family simchas.

Herb consorted equally with kings and paupers. And in all he did, whether work or play, he did with gusto and an overriding sense of humour.

But his greatest love was reserved for his family. Dorothy, his life-long partner, his vital force and tower of strength, who contributed and shared in his accomplishments, and who kept him alive all these years. And his children, Ellen, Sharon, Lawrie and Lynda, in whom he took such pride.

As a developer and builder of communities, who provided shelter to thousands of families, as a builder of synagogues and other Jewish institutions, as a leading contributor and philanthropist to hospitals and medical institutions, including our great Heart Institute, as a leader in our Jewish community, as a staunch and life-long supporter of the State of Israel and of the dream of the Jewish people to return to Jerusalem, Herb Nadolny was a giant who accomplished great deeds.

As the days, months and years roll by, we will resume our normal lives. Life will go on. But, there will always be an aching void in our lives - a void in the lives of so many of the people he touched. Slowly, the emptiness will be filled with remembrances of all of the things that Herb taught us, and with the wonderful and exciting memories of shared experiences with this great man.

May his memory be a blessing forever.

Editor's note: The above article is an edited version of a speech given by Stephen Victor at a memorial service held for Herbert Nadolny at Machzikei Hadas Synagogue.

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Memory and history intertwined

A novel that reads as a collection of short stories, and one that is.

The Persistence of Memory: A Novel

By Tony Eprile

W. W. Norton & Company/Penguin Books

Softcover/2005 (297 pages)

„One thing that one can say about Tony Eprile is that he has an impressive vocabulary.

He uses words one doesn't often see in fictional narratives, let alone normally hear in daily conversation; words one might venture to say are even obscure. And I'm talking about English words; not the Afrikaans words he peppers throughout the book. Luckily, there's a glossary for those.

When was the last time you came across miscegenate, sere, matutinal, umhrageous, susurrant? I could go on. In case you're interested, here are their meanings: miscegenate (to marry or cohabit with a person of another race); sere (dry and withered); matutinal (relating to or occurring in the morning); umhrageous (shady); susurrant (murmur.)

But don't let that stop you from reading this story about plump Paul Sweetbread, a Jew growing up in apartheid South Africa in the 1970s.

Paul is gifted (or plagued, depending on one's point of view) with a near-photographic memory. In "remembrance of things past," he reveals bits and pieces of his childhood in such detail and potency that it demonstrates just how his memory has handicapped him.

He decides, when he's older, to join the army of the South African Defense Force and engages in South Africa's war in Namibia and Angola against independence and rebel factions there. A surprise attack against returning guerillas of the SWAPO independence movement, during a supposed ceasefire, forces Paul to confront his role in the ambush. But his version of events is challenged by the Truth and Reconciliation Commission set up by the Government of National Unity to help deal with what happened under apartheid.

There have been many post-apartheid novels, but this one, claims its author, is the first one written on the subject of the secret war in Angola and the occupation of Namibia. And, says Eprile, readers will easily make associations with the Americans and their experiences in Iraq.

Non-South Africans may not get all of the jokes in *The Persistence of Memory* or catch the nuances and cultural references in this darkly humorous novel – like the nod to Rider Haggard's "classic," *Child of Storm* – but it's good



The Book Beat

Kinneret Globerman

writing and makes for interesting reading. It will certainly pique your curiosity in South African history if you're not already familiar with it.

I wish Eprile had written more about South African life as a Jew and that his book had hung together more as a novel and less as a collection of Paul Sweetbread's reminiscences.

Ellis Island and Other Stories

By Mark Helprin

Harcourt/Raincoast Books

Softcover, 1981 (202 pages)

Mark Helprin is an unusual guy. He's a conservative commentator, a senior fellow at a right-wing think tank, and a speechwriter (he wrote Bob Dole's Senate retirement speech). He served in the Israeli Air Force in the late 1970s and even became an Israeli citizen, although he's American-born. In a combat unit there, he patrolled the Lebanese border in counter-infiltrations.

Helprin is also a talented writer. His writing has been called "magical, genius, brilliant, and heart-breaking." He writes with a fluid lyricism that takes a sometimes unlikely story line while following the doings of sympathetic characters.

There's Herr Wallich whose life has been shattered by the deaths of his wife and child and who decides to climb the foreboding Schreuderspritz Mountain even though he is a short and chubby photographer who has never been exceedingly active.

There's the captain of the iron-hulled sailing ship, Samantha, who takes aboard a strange monkey and writes of the effect the beast has on his crew members and himself.

There's young Martin Bayer who observes the love affair between a soldier headed to the warfront and his fiancée.

And there's the once-married soldier, somewhat broken, returning from battle in the Sinai.

Helprin writes so well the reader is carried along only to find, at times, there seems to be no apparent dénouement in the journey. The story lines can leave the reader wondering what it's all been for.

Yet his stories are more the psychological or emotional explorations of ordinary people bound to their restrictive beliefs and set against a Keatsian tableau: life as the intermingling of both joy and pain, happiness and sorrow, one inevitably following the other. The point, then, is the study of character, and of characters who are intensely human.

Ellis Island won the Penn-Faulkner Award, the Prix de Rome, a Guggenheim, and was nominated for a National Book Award.

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Volunteer Opportunities

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These people really need your help.

- **Do you speak Slovak?** A very special request for a senior who lives in Aylmer. She would love to be able to chat with someone in her own language. Enjoys art. Mobility is a problem so a home visit would be preferable.

- **Attention all drivers!** So you have been thinking about how to put meaning into your lives. Help a senior get to a medical appointment when family or other means of transportation is unavailable. Help us to help them.

- **Alta Vista senior** interested in garden walks, visits to the library or a drink out every now and then. He was a horticulturist by profession. Want to increase your knowledge of plants?

- **Middle aged west end gentleman** (visually impaired) is looking for someone who can share his love of swimming and/or walking on a weekly basis.

- **Lonely Russian senior**, new to Canada, with limited mobility, speaks Russian and Yiddish, would love to have someone come and visit once a week for about an hour.

- **Ex-Montrealer** (recent widower), who had his own band and speaks several languages, would benefit from a visit from someone who shares these interests.

- **Bowling partner** (with car) needed for a keen, passionate bowler who moved from Montreal. Once a week would be just what the "doctor ordered."

Call Bev at JFS immediately at 722-2225, ext. 304

THE BESS AND MOE GREENBERG FAMILY HILLEL LODGE

Make someone's day a little better!

- **A great way to visit!** ... Jojo in one of our recreation programs or special events ... We require assistance at activities with the residents. i.e. serving tea, portering and generally lending a helping hand. Choose your event, can be once in a while, or on a regular basis. Approx. 2 hours ... and it's always entertaining! Please add your name to this call list today.

- **Attention High School students** ... A great place to visit and learn ... while gaining valuable experience and volunteer hours for community service requirement. Help out with recreation programs, entertainment and special holiday events on Sunday afternoons, Shul Services or Monday night Bingo. Please call for a registration and orientation appointment.

- **Do You Speak Russian or Yiddish?** Come for a friendly visit. We have a few residents who would enjoy conversation in their native language.

- **Attend Shabbat Services**, be part of the Minyan (Congregation) and perform a Mitzvah at the same time! We are looking for young men over the age of 13 to take residents to the Lodge Synagogue and assist/participate during Services at The Abraham and Dora Lithwick Chapel on Saturday mornings. Residents would also appreciate the assistance from female volunteers during Saturday morning Synagogue Services. Please call for further information and scheduling. 3 hours credit for community service available each visit. Call to register.

- **If Hands on is more your style** ... Ready Set Go ... Help with setting the dining room tables. One hour, either mornings or afternoons, call for scheduling.

- **Have shopping experience?** Join the monthly outing! Be available to accompany residents on short outings to the mall. We require one volunteer for each resident to participate. Call today!

- **Administrative Help** – spend a few hours weekdays assisting with clerical and reception duties.

- **Entertainers** – got a talent? Performers are welcome to apply and be enjoyed by all!

Please call Cheryl Cogan, Co-ordinator of Volunteers at 728-3900 ext. 191. Or email ccogan@hillel-fo.com. Students welcome (please note: children under the age of 14 require adult accompaniment)

At the Greenberg Families Library:

Part six of "A Music Appreciation Series" with Carleton University professor and noted music critic Jean-Jacques Van Vlasselaer continues on Wednesday, November 16 at 1:30 pm, in the Nathan, David and Max Zelikovitch Families Social Hall. The topic: The Mahler-Shostakovich Connection. The cost is \$12 per lecture for members; \$15 per lecture for non-members.

Freelance writer and "Book Beat" columnist, Kinneret Globerman, continues with the Library's Book Discussion series on Wednesday, December 7 at 7:30 pm, with Naomi Ragen's *The Covenant*, an emotionally-charged novel combining the Holocaust tragedies of the past with suicide bombing of the present. Free for members of the Library; \$5 for non-members.

For information on any of these programs, please call the Library at 798-9818, extension 245.

Nostalgia – from shtetl to swing

The evening after Rosh Hashanah, PBS presented a short documentary, "From Shtetl to Swing." It dealt with the cultural dislocation of the American Jewish immigrant community from the turn of the century to about 1940 and the way in which Americanization was reflected in major contributions to entertainment and popular music.

This is a familiar story. From about 1927 (Al Jolson's "The Jazz Singer") it has been a staple of the popular exploitation of the immigrant experience. "From Shtetl to Swing" is in this tradition of schmaltzy nostalgia, and seemed rather tired and feeble when I watched it.

There have been better – and equally popular – retellings of this story. Irving Howe's bestseller, *World of Our Fathers* (republished this year), does a superb job of covering the same period and the same range of subjects – acculturation, economic struggles, sweatshop exploitation, the early success stories, the entertainers and the contribution to popular culture. Perhaps Howe's book should be used as the base for a really great, multipart TV documentary, similar to Ken Burns' PBS treatments of The Civil War, Baseball or Jazz.

An enduring musical legacy

The distinction between pure nostalgia and an enduring contribution is epitomized in the music and entertainment elements of this theme. Many of the documentary's stars – Al Jolson, Eddie Cantor, Fanny Brice – were already nostalgia pieces over a half century ago, and were revived in movie and stage tributes between the 1940s and 1960s.

Fanny Brice provided a vehicle for Barbra Streisand, whose voice was much better, but whose knockabout comic talents fell short of the original. Sophie Tucker had a very long career, and was never revived (except, perhaps, unintentionally by aged comedienne, like Phyllis Diller, who are far less talented and far more tawdry). Even Irving Berlin, the most prolif-

ic and successful popular composer of the 20th century, has almost receded to oblivion. (His "God Bless America" ritually replaced "Take Me Out to the Ball Game" during the 7th inning stretch of wartime World Series games.)

Four of the major figures dealt with in the "From Shtetl to Swing" tribute to popular entertainment of the pre-1940 period remain as significant, ongoing contributors to the American cultural inheritance: George Gershwin, his contemporary Lorenz Hart and jazz musicians Benny Goodman and Artie Shaw. Their work continues to be played today and is likely to endure.

Why? What was the difference between the stars who survive only as vague, nostalgic memories, occasionally revived, and the ones who endure?

It seems to me the difference is that the latter used the cultural disjunction of the immigrant experience and the challenges they met and overcame as individuals to go forward to create something inherently new and enduring, while the figures who have receded into nostalgia essentially "caught the wave" of popular needs of their time and rode it to success by reacting to various fads and fashions. A clue is that Jolson and Fanny Brice were superb mimics, while, for about 40 years, Irving Berlin was able to turn out almost any kind of song that was already beginning to be reflected in popular demand.

The complexity and elegance of Gershwin's compositions (in every genre), of Benny Goodman's line, of Artie Shaw's purity of tone and sophisticated arrangements and of Lorenz Hart's mockingly romantic lyrics are cultural treasures. They endure to be continually rediscovered. The individual talent they embody and the pleasure they give to millions are a significant example of the contributions the immigrant generation and their children made to North American life.



Global Shtetl The Jewish Internet

Saul Silverman

Websites

Immigrant nostalgia: <http://www.nytimes.com/books/00/11/12/reviews/001112.12bermont.html>

PBS: <http://www.pbs.org/wnet/gperj/shows/shtetl>

Gershwin official site: <http://www.gershwin.com> (click on page)

Gershwin biography: <http://www.gershwin.com>

Lorenz Hart official site: <http://www.lorenzhart.org/main.htm>

Hart biography: http://www.pbs.org/wnet/broadway/stars/hort_l.html

Benny Goodman – Grove biography and audio clips: http://www.pbs.org/jazz/biography/artist_id_goodman_benny.htm

Goodman audio clips: http://www.thestore24.com/music/seorchresults.aspx?sc=on&si=75music&set_station=1&station=1653&sec=upc%62fcol%23&SEARCH=74646144527&refid=s1653

Artie Shaw – Grove: http://www.pbs.org/jazz/biography/artist_id_show_ortie.htm

Artie Shaw audio clips: <http://www.amazon.com/exec/obidos/tg/detail/-/B00005PJB1/002-3246509-3132804?y=glance#product-details> (hyphens intended)

Shaw memoir: http://www.pbs.org/jazz/about/about_transcripts.htm

How to vote in a Canadian election

With the whiff of a federal election in the air, I was explaining to my American cousin how I was going to decide my vote in the upcoming federal election.

I discovered that what seems ordinary to us Canadians can seem so complex as to be impossible for an American. We might as well be a foreign country.

Here revealed for all is the secret world of the Canadian voter. Here is what we know when we walk into the polling booth, what we can consider in casting our ballot and how we get what we want collectively.

Canada is divided into 308 geographic areas called "ridings," the original idea being that you should be able to ride around it on a horse in a reasonable amount of time. Nowadays, the number of ridings is calculated based on the population.

For each riding, an election is held to determine the member of parliament from that riding. Candidates can come from one of up to 12 official parties or from elsewhere.

When we think of our various parties (Liberals, Conservatives, NDP, Bloc Québécois), we know not just what they stand for, but where they come from. The new Conservatives used to be the Progressive Conservatives (who used to be the Progressives and the Conservatives), who joined with the Canadian Alliance (who used to be the Reform Party ... etc.). This makes some of us nervous. Who are they really?

The great mystery is the Bloc Québécois (BQ), which has candidates only in Quebec. Whether they like sovereignty or not, Quebecers feel the best way to punish the rul-



Humour me, please

Rubin Friedman

ing Liberals is to vote for the BQ, even though they have no chance of forming a government.

In the other provinces, there will be no candidates from the BQ, but there are other parties ranging from the Libertarian Party to the Green Party and the Marijuana Party.

The party that wins the greatest number (155 is a majority) of these 308 individual elections across the country gets the first crack at forming a government. The leader of the party that forms the government gets to be prime minister. This means that we don't actually vote directly for that office.

In deciding how to vote, there are two basic issues.

The first is whether we want a minority or majority government. Are we ready to trust anybody fully yet?

The second question is how to vote in your own riding. Do you vote for the candidate because you like the individual?

Do you vote for the party because you like their platform?

Do you vote for the party whose leader you like the best because that is the person who will be prime minister?

Do you vote for the weakest party just to register a protest?

Or do you vote strategically because you do or do not want a minority government outcome?

Despite this extremely difficult calculus, Canadians in each region of the country have had a knack for voting like lemmings or schools of fish. Somehow, everyone in a particular region wakes up on the day of the election and votes en masse in a particular direction.

It is unknown how we communicate with each other. Perhaps it is some form of electromagnetism.

In the last election, for instance, Canadians clearly made a mass decision that they did not want a majority government as soon as the election was called. The campaign simply gave us all time to figure out how to achieve this overall result.

And here is the most astounding thing of all: despite the fact that each of us made an individual decision inside a polling booth, despite the fact that each riding election is independent of every other one, despite the complex variables of voting, every Canadian voter seemed to have figured out how to vote in order to give the result everyone wanted from the beginning: a minority government.

So in the next election, watch out for the mass secret hypnosis and remember to wear your aluminum pot on your head when you enter the polling booth.

Keep those brainwaves at bay in the ether and happy voting.

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Feel better to:
Eddy Cohen by Marjorie and Ben Achbar.

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Sandi and Eddy Cook on the marriage of their daughter Jessica by Dorothy Nadolny.
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In memory of:
Mike Lafond by Sandi and Eddy Cook and family.

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In appreciation to:
Beverly Hymes and Herb Vandermeulen for their hospitality by Elaine and Wesley Schacter.

Birthday wishes to:
Montie Shulman on his special birthday by Elaine, Wesley, Adam, Josh and Michael Schacter.

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In memory of:

Lorraine Zdes's father by Cynthia Engel.
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Ricki and Barry Baker by Kaysa and Alfred Friedman.
Myra and Lester Aronson by Kaysa and Alfred Friedman.

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Mazel Tov to:
Lawrence Zimman and family on the birth of his granddaughter Annice by Helen and Chaim Gilboa.

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Laya and Sol Shabinsky on their 50th wedding anniversary by Malcolm and Vera Glube.
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Nymie Reichstein on his special birthday by Malcolm and Vera Glube.
Norman Brownman on his 80th birthday by Sylvia and Myer Goldin; and by Bey, Bryan, Alison and Robbie Glube.
Ernie Goldstein on his 60th birthday by Ariene and Norman Glube.

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Continued on page 28

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Mazel Tov to:

Larry and Sheila Hartman on the recent store expansion by Chick and Rose Taylor; and by Ethel and Irving Taylor.

R'luah Sh'lemah to:

Bary Cantor by Sheila and Larry Hartman.

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Julius and Clair Krantzberg on the Bat Mitzvah of their granddaughter Alyssa by Evelyn Krane.

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Sylvia Shier and Francene Shier on the birth of a great-

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Julius Briskin by Sally and Elliott Levitan.

Get well wishes to:

Estelle Liberman by Sally and Elliott Levitan.

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Happy and healthy New Year to:

May and Ed Barclay; Lil and Joe Cole; Min and Lou Pearl by Miriam Levitin.

R'luah Sh'lemah to:

Rose Konick by Miriam Levitin.

In observance of the Yahrzeit of:

Nat Levitin by Miriam Levitin and family.

Mazel Tov to:

Morie and Gerry Krantzberg on the Bar and Bat Mitzvah of their grandchildren, Matthew and Alexandria Krantzberg by Miriam Levitin and family.

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Mazel Tov to:

Noam Steinman on his Bar Mitzvah by Ingrid and Gerry Levitz.

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Anniversary wishes to:

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Allan Malek on his new position by Ethel and David Malek.

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In appreciation to:

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In honour of:

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In honour of:

Our wedding by Lee Merovitz.

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Good luck to:

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In honour of:

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Continued good health to:

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Birthdays wishes to:

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Anniversary wishes to:

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In observance of the Yahrzeit of:

Sheila Hammer, a beloved sister, by Kathleen and Alex Polowin.

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Jeff Gould on his special birthday by Evelyn and Norman Potechin.

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SHELLEY AND SID ROTHMAN FAMILY FUND

In memory of:

Mike Lalond by Shelley and Sid Rothman and family.

ANNE AND IRVING SABRAN MEMORIAL FUND

Mazel Tov to:

Jeff Fishbain on being honoured by Ve'Avavia by Mom and Aaron Fishbain.

HERMINA SCHACHNOW MEMORIAL FUND

Mazel Tov to:

Merle Hagerman on receiving her award for volunteer services by Shelley and Morris Schachnow.

LAYA AND SOL SHABINSKY ENOWMENT FUND

Anniversary wishes to:

Laya and Sol Shabinsky by Doris and Richard Stem; by Joany and Andy Katz and family; by Barbara and Sydney Greenberg; and by Zelaine and Sol Shinder.

SHEKEL HAKOESH ENOWMENT FUND

Congratulations to:

Vera Klein as General Campaign Chair, State of Israel Bonds by Steve Gordon.

SYLVIA AND HARRY SHERMAN MEMORIAL FUND

In memory of:

Stephanie Sherman by Karen Cusumani and family.

Continued on page 29



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Anniversary wishes to:
Sol and Laya Shabinsky on their 50th wedding anniversary by Arnold, Stacey, Sara, Alissa, Robbie and Hannah Shinder.

ISRAEL AND MAUREEN NEWTON SHINDER COMMUNITY ENDOWMENT FUND

In memory of:
Julius Briskin by Is Shinder.

SHMELZER-HOROVITCH ENDOWMENT FUND

Birthday wishes to:
Shlomo Feldberg on his special birthday by Anne and Sol Shmelzer.
Sol Shmelzer by Anne Shmelzer.

LORNE AND LAURIE SHUSTERMAN FAMILY FUND

Anniversary wishes to:
Margo and Frank Rosen on their 30th wedding anniversary by Lorne, Laurie, Zak and Ben Shusterman.
R'fueh Shlemah to:
Martin Gordon by Laurie, Lorne, Zak and Ben Shusterman.

JACK AND SARAH SILVERSTEIN FAMILY ENDOWMENT FUND

Mazel Tov to:
Derek and Naomi Mazer on the birth of their daughter Samara Miriam by Jack, Sarah and David Silverstein.
Birthday wishes to:
Laurie Pascoe by the Silverstein family.

LINDA SILVERMAN MEMORIAL FUND

In memory of:
Norman Bass by Mark and Susan Silverman; by Marvin and Phyllis Silverman.
Speedy recovery to:
Estelle Liberman by Marvin and Phyllis Silverman.

LOUIS AND STELLA SLACK MEMORIAL FUND

Anniversary wishes to:
Betty and Len Ricker on their 50th wedding anniversary by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.
Birthday wishes to:
Michael Caplan on his 50th birthday by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.
Mazel Tov to:
Jordan Aronson on his Halvah on his 50th birthday by Myra, Lester, Paula and Bobby Smith on the birth of their grandson Cody Sebastian Smith by Myra and Lester Aronson and family.

HARIEL AND IRVING SLOVE ENDOWMENT FUND

Anniversary wishes to:
Harriet and Irving Slove by Ethel and Irving Taylor.

LAURA AND GORDON SPERGEL ENDOWMENT FUND

In memory of:
Mollie Lester by Maria, Mark, Andrew, Samantha and Evan Spergel.
Robert Isen by Maria, Mark, Andrew, Samantha and Evan Spergel.
Joshua Heilman by Laura and Gordon Spergel.
Speedy recovery to:
Rose Konik by Maria, Mark, Andrew, Samantha and Evan Spergel.
Martin Gordon by Laura and Gordon Spergel.
Mazel Tov to:
Laura and Gordon Spergel on the engagement of their granddaughter Jillian to Jordan Greenblatt by Joany and Andy Katz and family; and by Shirley and Shier Berman.

BOBBY STERNBERG MEMORIAL FUND

In memory of:
Hazel Kravitz's sister Nora by Lee Steinberg.

DORIS AND RICHARD STERN FAMILY FUND

Birthday wishes to:
Paul Ostrov by Doris and Richard Stern.

WILLIAM "BILL" STERNBERG MEMORIAL FUND

Birthday wishes to:
Anne Steinberg on her 94th birthday by Ted and Laya Jacobsen.
Bill Saunders by Ted and Laya Jacobsen.
In appreciation to:
Evelyn Greenberg by Laya and Ted Jacobsen.

CLAIRE AND SAM TANNER MEMORIAL FUND

In memory of:
Elliot Hoffman by Stephen and Wendy Waxman.
Mickey Kostove by Stephen and Wendy Waxman.
Alte Hochberg by Stephen and Wendy Waxman.
Birthday wishes to:
Gordie Viner on his special birthday by Stephen and Wendy Waxman.

CHARLES AND RAE TAVEL MEMORIAL FUND

In appreciation to:
Sunny Tavel by Cally and Sid Kardash.
Good luck to:
Sunny and John Tavel in their new home by Simmy Gardner.
In memory of:
David Magidson by Lilian Philipp

TENNENHOUSE FAMILY ENDOWMENT FUND

In memory of:
Joshua Heilman by the Tennenhouse family.

HAZE WAINBERG FAMILY FUND

Anniversary wishes to:
Leon and Shirley Stein on their 50th wedding anniversary by Haze Wainberg.

MIRIAM AND LOUIS WEINER ENDOWMENT FUND

Speedy recovery to:
Scotty Smith by Miriam and Louis Weiner.

MILDRED AND PERCY WEINSTEIN ENDOWMENT FUND

In memory of:
Norman Bass by Millie Weinstein.
Mike Latond by Millie Weinstein.
Birthday wishes to:
Sandy Sarkin on her special birthday by Millie Weinstein.

ROBERT WENER AND LYNNE ORECK WENER FAMILY FUND

Birthday wishes to:
Annie Fokks by Lynne Oreck Wener and Bob Wener, Taryn, Eleni and Hart.

NATHAN, DAVID AND MAX ZELIKOVITZ FAMILIES FUND

Birthday wishes to:
Max Zelikovitz on his special birthday by Marilyn and Dan Kimmel.
In observance of the Yahrzeit of:
Sara Zelikovitz, a beloved mother and grandmother, by Marlene, Howard and Neil Burack; and by Judith Schneiderman and family.
In memory of:
Marco Zevy by Howard Burack and Sandy Stemthal.

ZIPES KARANOVSKY FAMILY ENDOWMENT FUND

Yasher koach to:
Hartley Stem on being named the 2005 Negev Dinner Honouree by Rick and Helen Zipes.

PINCHAS ZUKERMAN MUSICAL EDUCATION FUND

Congratulations to:
Joani Feldman and Philippe Starosta on their marriage by Rita Hornstein and Hy Stoller.
In memory of:
Flora Green by Evelyn and Irving Greenberg.

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B'NAI MITZVAH PROGRAM
RYAN JEREMY BAKER B'NAI MITZVAH FUND
In memory of:
Avi Levy's father by Benita and Steven Baker and family.

JAMIE BEREZIN B'NAI MITZVAH FUND

In appreciation to:
Shelley and Gary Berezin by Gert Budovitch.

STACEY SAMANTHA KATZ B'NAI MITZVAH FUND

Mazel Tov to:
Brian, Sheryl and Shaun Alishuller on Shaun's Bar Mitzvah by Joany and Andy Katz and family.
Anniversary wishes to:
Alissa and Yaacov Attias on their 25th wedding anniversary by Joany, Andy, Jaclyn, Jonathan and Stacey Katz.

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Bridge Cruise with Liz Schwartz – Alaska	July 2006
Jewish Heritage Tour to China escorted by Sandy & Marvin Granatstein	October 2006
Magnificent Cities of Central & Eastern Europe escorted by Nancy Borer	October 2006
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Delicious, good-for-your-health ginger recipes

Fresh Tuna with Ginger and Garlic

Serves 4

This dish is equally delicious with salmon.

- 2 tablespoons soy sauce
- 1 tablespoon sesame oil
- 1 tablespoon rice vinegar
- 2 cloves garlic, finely minced
- 2 teaspoons fresh ginger, grated
- 1 green onion, thinly sliced
- 1/4 teaspoon ground black pepper
- 4 tuna steaks (about 8 ounces each)
- kosher salt

Whisk first seven ingredients together in a small bowl. Place tuna steaks in a glass baking dish and brush with marinade. Cover and refrigerate for 30 minutes, turning once after 15 minutes.

Heat barbecue or ridged grill pan. Sprinkle tuna with salt and place on barbecue or in grill pan. Cook over medium heat, turning once, until medium rare, about 6-8 minutes. Serve.

It is rumoured that King Henry VIII used ginger to protect against the plague. While we don't know for sure if this is actually true, we do know that ginger has many benefits. Sipping ginger tea (sliced fresh ginger in boiling water) is a well-known remedy for soothing nausea. Ginger is also considered to aid in digestion, as well as stimulating your circulatory system and lowering blood pressure.

If, despite your best efforts, you do wind up with the stomach flu, take heart. Japanese researchers believe one of the properties of ginger is its ability to block the body's reflex to vomit.

Research shows that ginger, in all its various forms (fresh, dried, ground, infused, pickled or candied), is a wonderful health tonic. If you're suffering from a cough and



Made with Love

Cindy Feingold

cold, warm ginger tea is very soothing, acting as an expectorant.

If all this talk of plague, flu, nausea and vomit, coughs and colds has not turned you off yet, keep reading. Here are several recipes with ginger in all its glorious forms.

Ginger Basmati Pilaf with Cumin and Green Onion

Serves 4

This recipe comes from the September 2003 issue of *Gourmet* magazine. Cumin seeds are available at Bulk Barn. To toast the cumin seeds, place in a dry sauté pan and cook over medium heat until just beginning to get fragrant.

- 1 1/2 cups Basmati rice
- 4 green onions, thinly sliced, white, pale green and green parts separated
- 1 tablespoon finely grated peeled fresh ginger
- 1 tablespoon vegetable oil
- 1 teaspoon cumin seeds, toasted
- 2 1/4 cups water
- 3/4 teaspoon salt

Place rice in a sieve and put under cold running water. Continue rinsing until water running out from the bottom of the sieve changes from cloudy to clear.

Cook white and pale green parts of the onion and ginger in oil in a 2-quart heavy saucepan over moderate heat, stirring until green onions are softened, about 3 minutes. Add rice and cumin seeds and cook, stirring until fragrant, about 1 minute. Stir in water and salt and bring to a boil. Reduce heat to low and cook, covered, until rice is tender and water is absorbed, 10 to 12 minutes.

Remove from heat; add onion greens (do not stir) and let stand, covered for 5 minutes. Fluff rice with fork. Serve.

Garlic-Ginger Green Beans with Coconut Sauce

A similar recipe I had seen in the September 2005 issue of *Gourmet* magazine inspired this one. The original recipe included tofu.

If you are making this dish for vegetarians and want to include the tofu, cut up 1 pound of tofu into 1/2 inch wide strips. Marinate in 1 tablespoon soy sauce for about 10 minutes. Pat tofu dry and sauté in 1/4 cup vegetable oil until well browned on all sides, about 5 minutes. Set aside and continue with the rest of the recipe. Mix cooked tofu in with finished green bean and sauce mixture.

- 1 tablespoon vegetable oil
- 3 cloves finely minced garlic
- 1 tablespoon grated fresh ginger
- 1/4 teaspoon dried red pepper flakes
- 1 pound green beans, trimmed
- 1 red bell pepper, cut into 1/4 inch wide strips
- 1 teaspoon salt
- 1 400-mL can of coconut milk (not low-fat)
- 1 tablespoon soy sauce
- 1 tablespoon fresh lime juice
- 1/3 cup chopped salted roasted cashews

Heat vegetable oil in a 12-inch heavy sauté pan over medium heat. Add garlic, ginger and red pepper flakes and sauté, stirring, until fragrant, about 30 seconds. Add green beans, bell pepper and salt and sauté, stirring, 1 minute.

Stir in coconut milk and soy sauce and bring to a boil. Continue boiling, uncovered, until beans are tender. This will take about 6 minutes. Remove beans and bell peppers to a serving platter, using a slotted spoon.

Continue cooking sauce over high heat, until thickened and reduced to about 3/4 cup liquid. Stir in lime juice and pour sauce over vegetables. Sprinkle with cashews. Serve.



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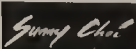
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Books you will want to read over and over

The following books are prime examples of making learning fun for young children. They convey a sense of warmth, eagerness and discovery that is inviting, supportive and reinforcing. Each in its own way seems to encourage its audience to enjoy the moment and return again and again.

My First Hebrew Word Book
Pictures by Pepi Marzel
Kar-Ben Publishing 2005
32 pps. Ages 2 - 6

It's been a long time since I've had an opportunity to review a new Hebrew word book. The good news is the wait was definitely worthwhile. *My First Hebrew Word Book* is lively, engaging and completely in tune with both the interests and developmental stages of young children.

Its 150 words – presented in Hebrew, transliteration and English – are grouped into categories that extend from the child outward. First the parts of the body, members of the family and clothes. Then living room, kitchen, school, playground, city and grocery store. On to major activities: bedtime, bathtime, birthday party and a trip to the zoo. Ending with key concepts: seasons, counting to 10 and colours.

Most categories are given a colourful two-page layout. A big picture captures the theme with small pictures below showing individual items and words. This layout invites a "find the item in the little picture in the bigger picture" game. On the back cover, the game is expanded to find the six highlighted words and pictures in the whole of the book. Parents and teachers can extend the game further, to their home, classroom, etc.

A key to pronouncing transliterated Hebrew, a note on



Kid Lit

Deanna Silverman

the feminine endings of the numbers and a word list in English alphabetical order round out this entertaining, child-centred book. Hurrah for *My First Hebrew Word Book*!

The Sefer Torah Parade

By Tzivia Adler

Illustrated by Ito Esther Perez

Hachai Publishing 2005

Unpaged Ages 2 - 5

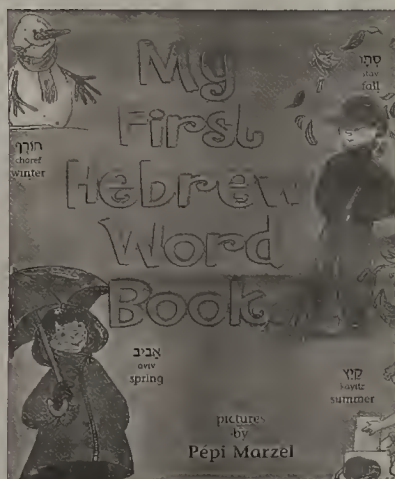
Told from the perspective of an excited young girl, *The Sefer Torah Parade* describes every step from writing and finishing the last words of a new Sefer Torah to taking it to its "new home in the shul." The girl, her family and obviously orthodox Jewish community are fully involved in this very special, very joyous happening.

The simple, descriptive text and colourful, intense acrylic illustrations evoke a party atmosphere that invites identification. On the first page, the child is drawing a picture of a Torah. She subsequently lifts it up and shows it to the readers. Later the rabbi, her zeidy and father fill in letters on the scroll. When it is completed, the open scroll is lifted up and shown to the community before being rolled, dressed in velvet and crowned in silver.

Next, the parade is described: a man playing a piano on the back of a decorated truck, older boys carrying burning torches, young boys and girls waving paper flags, the rabbi carrying the new Torah under a chuppah, a policeman controlling traffic, everyone singing and dancing.

As the parade nears the shul, the shul's other Torahs are brought outside, much like a welcoming committee, to greet the new Torah. The girl has a chance to kiss the Torah before it is taken inside. The singing and dancing continue until the rabbi reads from the new Torah and puts it in its "little house," the Aron Kodesh. Like any good party, food completes the celebration.

"Be happy with the Torah!" is the message on the flags the children carry in the parade, and it is very much the message of *The Sefer Torah Parade*.



From *My First Hebrew Word Book*

Mazel Tov

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WHAT'S GOING ON November 14 to 27, 2005

For a detailed listing
visit www.jewishottawa.org



MONDAY
NOVEMBER 14
Jewish Book Month at the
SJCC, Author Talks "Compartment-
ments," with author Tova Clark,
7:30 pm.

WEDNESDAY
NOVEMBER 16
Greenberg Families Library,
Music Appreciation Series, with
Professor Jean-Jacques Van



CANDLELIGHTING BEFORE

Nov 18 ☆ 4:12 pm
Nov 25 ☆ 4:06 pm

Viasselaer, The Mahler-
Shostakovich Connection, Part
2, 1:30 pm.

8th Annual Ottawa Celebrity
Sports Dinner, Civic Centre,
6:00 pm.

3rd Temple Israel Interna-
tional Film Festival, "Imaginary
Witness - Hollywood and the
Holocaust," Mayfair Theatre,
1074 Bank Street (Bank at Sunny-
side), 7:30 pm.

Mother and Daughter Israeli
Dancing (Women Only), Congre-
gation Machzikei Hadas, 2310
Virginia Drive, 7:00 pm.

THURSDAY
NOVEMBER 17
Adult Department of the
SJCC presents "Caring for the
Third Age 65+," 7:30 pm.

FRIDAY
NOVEMBER 18
Scholar in Residence Week-
end, Topic: Spiritual Radical:

Life and Writing of Abraham
Joshua Heschel, Agudath Israel
Congregation, 1400 Coldrey
Avenue, 5:15 pm.

JETSETTERS Friday Night
Dinner, home of the Shotkin
family.

SATURDAY
NOVEMBER 19
"Holiness in Words," with
Professor Edward K. Kaplan of
Brandels University, sponsored
by Saint Paul University, The
College of Jewish Studies, and
the SJCC, free admission, 7:00
pm.

SUNDAY
NOVEMBER 20
"The Great Communicator,"
with Rabbi Michael Gourarie,
sponsored by OTC, 7:30 pm.

TUESDAY
NOVEMBER 22
The Ottawa Chapter of Weiz-
mann Canada presents a lec-

ture on Alzheimer's with special
guest speaker Professor Joel
Sussman of the Structural Biol-
ogy department of the Weiz-
mann Institute of Science
(Rehovot, Israel), dessert recep-
tion, free admission, Hillel Lodge,
10 Nadolny Sachs Private, 7:30
pm.

WEDNESDAY
NOVEMBER 23
Mother and Daughter Israeli
Dancing (Women Only), Congre-
gation Machzikei Hadas, 2310
Virginia Drive, 7:00 pm.

"Triumphs and Traumas:
How Judaism Deals with Life's
Ups and Downs," with Rabbi
Mordechai Becher, sponsored
by the SJCC, JET and the Kollel
of Ottawa, 7:30 pm.

3rd Temple Israel Interna-
tional Film Festival, "King of
the Corner," Mayfair Theatre,
1074 Bank Street (Bank at Sunny-
side), 7:30 pm.

SUNDAY
NOVEMBER 27
The Judean Josephus in the
Christian West illustrated lec-

ture by Professor Steve Mason,
York University, Library and
Archives Canada Auditorium, 2:00
pm.

COMING SOON

SUNDAY, DECEMBER 4
Who Is a Jew, lecture by visiting
Reconstructionist Haverah rabbinical student
Benjamin Barnett, SJCC 1:00 pm.

THURSDAY, DECEMBER 8
Blood donor clinic in memory of Naomi Bulka, obm,
SJCC, 9:00 am -3:00 pm;
Canada Blood Services, 1575 Carling Ave, 3:30-7:00 pm.
For appointment: 1-888-2donate (1-888-236-6283).

DECEMBER 9-11
JET Shabbaton with guest lecture Judge Daniel Butler,
Albert and Bay Hotel. Info: 798-9818.

Unless otherwise noted, activities take place at The Joseph and Rose Ages Family Building, 21 Nadolny Sachs Private.

This information is taken from the community calendar maintained by the Jewish Community Campus of Ottawa Inc. Organizations which would like their events to be listed, no matter where they are to be held, should make sure they are recorded by Brenda Schafer, calendar coordinator at 798-9818 ext. 255. We have voice mail. Accurate details must be provided and all events must be open to the Jewish public. You may fax to 798-9839 or email to bschafer@jccottawa.com.



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Lillian Mendel
Edith Shapson

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be a blessing always.

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NOVEMBER 28 FOR DECEMBER 12*

2006

JANUARY 4 FOR JANUARY 23
JANUARY 18 FOR FEBRUARY 6
FEBRUARY 1 FOR FEBRUARY 20
FEBRUARY 22 FOR MARCH 13
MARCH 8 FOR MARCH 27
MARCH 22 FOR APRIL 10

* Community-wide Issue
(subject to change)